



CLASS –1ST.

CYCLE – 1ST

CLASSES REQUIRED	8
TOPIC	Primary colours . Different colour formation. Warm colours. Cool colours. Joining of shapes to form different things. Draw with shapes.
CONCEPT & SKILLS	Concept of Primary and Secondary colours. Concept of Warm, cool and natural colours. Joining concept of shapes to form different things.
LEARNING OUTCOMES	Children will learn to draw from shapes. Children will learn to make secondary colours by mixing of basic colours. Children will learn to differentiate about warm and cool colours
INSTRUCTIONAL TOOLS & REFERENCES	Wax crayons, poster colours, pencils, board, and demonstration by teacher.
PEDAGOGY	Thought process. Eye hand coordination. Drawing and colouring. Perception and creative thinking.



ACTIVITY / ASSIGNMENT / RESEARCH	Motor skill activity (Card making). Drawing and colouring.
ASSESSMENT	Children will be assessed on the basis of their drawing and activity.
SYLLABUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	The students are assessed on the basis of their knowledge related to the topic, their enthusiasm for displaying creative and unique work.

CLASS –1st

 CYCLE - 2ND

CLASSES REQUIRED	8
TOPIC	Leaf art. Origami shirt. Drawing and colouring of seasons. Village in 3d.
CONCEPT & SKILLS	Concept of colour variations. Concept of colouring and imagination. Skill of creative thinking. Skill of paper folding.
LEARNING OUTCOMES	Children will learn art of paper folding. Children will learn to draw different seasons. Children will learn to make things from paper. Children will learn different leaf art related things.
INSTRUCTIONAL TOOLS & REFERENCES	Wax crayons, pencils, poster, colours, marker board and demonstration by teacher.
PEDAGOGY	Thought process. Visualizing of colours. Eye hand coordination. Drawing and colouring.
ACTIVITY / ASSIGNMENT / RESEARCH	Drawing and colouring of seasons. (Motor skill activity)Origami shirt. Printing activity.(group art activity.



ASSESSMENT	Children will be assessed on the basis of their drawing, Colouring and activity.
SYLLABUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	The students are assessed on the basis of their knowledge related to the topic, their enthusiasm for displaying creative and unique work.



DETAILED PLANNER OF GENERAL KNOWLEDGE

Class- 1st

Cycle (1)

Classes Required	40 minute class period)
Topic	Myself
Concept & Skills	Concept Learn how to introduce ourselves. Get to know about others personal details like name, class/sec, age, birthday, address etc.
Learning Outcomes	Awareness about oneself. Awareness about personal details of others.
Instructional Tools & References	Classroom, Teacher Presenter, Visual aid and worksheet
Pedagogy	Learning by doing and concept formation Following-up-Activity: Recitation of the worksheet by teacher and students together.
Activity/Assignme nt	Activity: Students will write their personal details.
Assessment	Worksheet
Syllabus Formative Summative Assessment	Formative & Summative assessment worksheet at the end term will be given related to all the concepts taught.



Classes Required	40 minute class period)
Topic	our dress(Sean Palaw Poshakh)
Concept And Skills	<p>Concept:</p> <ol style="list-style-type: none"> 1. Children will learn about the traditional dress of our state (J&K). 2. Differentiation between the traditional dresses of the different regions of the state. <p>Skills: Listening, speaking, reading, and recognition.</p>
Learning Outcomes	<p>Children will come to know about the traditional dresses.</p> <p>Personal importance of the traditional dresses.</p>
Instructional Tools &References	Classroom, Teacher presenter and worksheet.
Pedagogy	<p>Learning by doing and concept formation.</p> <p>Follow –up-activity:</p> <p>Recitation of the worksheet by the teacher and students together.</p>
Activity/Assignment	<p>Worksheet:</p> <p>Students will write names of different traditional dresses.</p> <p>Match the pictures of different dresses with their names.</p>
Assessment	Worksheet.
Syllabus For Formative &Summative Assessment	<p>10 worksheets at the end of term will be given related to all concepts taught.</p>



DETAILED PLANNER OF GENERAL KNOWLEDGE

Class- 1st

Classes Required	2(40 minute class period)
Topic	My school
Concept & Skills	<p style="text-align: center;">Concept</p> <ol style="list-style-type: none"> 1. How we learn and grow in a school. 2. We also learn to sing, dance, draw, paint, work on computers and game etc. 3. Get to know about different rooms. 4. They will come to know about important personalities of school as Mrs Kusum Warikoo(principal) Vijay Dhar(chairman)etc. <p style="text-align: center;">Skills: listening, speaking, reading, writing and mapping.</p>
Learning Outcomes	<ol style="list-style-type: none"> 1. They will come to know about the different members and places of the school. 2. Importance of school
Instructional tools & References	Classroom, teacher presenter and worksheet.
Pedagogy	<p style="text-align: center;">Learning by doing and concept formation</p> <p style="text-align: center;">Following-up-Activity:</p> <p style="text-align: center;">Recitation of the worksheet by teacher and students together.</p>
Activity/Assignment	<p style="text-align: center;">Activity: Visit to a school/Worksheet</p> <ol style="list-style-type: none"> 1. Students will write the name of the principal, chairman and in charge etc 2. They will match the pictures of different places with their names.
Assessment	Worksheet



Syllabus for formative & summative Assessment	Fun worksheet at the end term will be given related to all concepts taught.
Classes Required	2(40 minute class period)
Topic	Our eating and drinking (Sean Khen Chen).
Concept And Skills	Concept: 1. Children will come to know different varieties of food available in the state. 2. They will know the nutritional importance of these food items. Skills: Listening, speaking, reading, and recognition.
Learning Outcomes	Children will identify their state specialties. Importance of these foods items.
Instructional Tools &References	Classroom, Teacher presenter and worksheet.
Pedagogy	Learning by doing and concept formation. Follow –up-activity: Recitation of the worksheet by the teacher and students together.
Activity/Assignment/ Research	Worksheet: 1. Students will write names of different traditional dishes. 2. Match the pictures of different dishes with their names.
Assessment	Worksheet.
Syllabus For Formative &Summative Assessment	Fun worksheets at the end of term will be given related to all concepts taught.



Cycle (2)

DETAILED PLANNER OF GENERAL KNOWLEDGE

Class- 1st

Cycle (3)

Classes Required	40 minute class period)
Topic	o friendly
Concept And Skills	<p>Concept:</p> <ol style="list-style-type: none"> 1. How to save our environment. 2. .Eco friendly activities. <p>Skills: Listening, speaking, reading.</p>
Learning Outcomes	<p>Learn things that will help us to save our environment.</p> <p>Know different eco friendly activities.</p>
Instructional Tools &References	Classroom, Teacher presenter visual aid and worksheet.
Pedagogy	<p>Learning by doing and concept formation.</p> <p>Follow –up-activity:</p> <p>Recitation of the worksheet by the teacher and students together.</p>
Activity/Assignment/ Research	<p>Worksheet:</p> <p>Colour the eco friendly activities.</p>
Assessment	Worksheet.
Syllabus For Formative &Summative Assessment	<p>Four worksheets at the end of term will be given related to all concepts taught.</p>



Classes Required	40 minute class period)
Topic	our water resources and lakes.(Sean Abe Aagar Te Sar)
Concept And Skills	Concept: 1. Children will come to know the different water bodies of the state. 2. Importance of water. Skills: Listening, speaking, reading, and significance.
Learning Outcomes	Children endorsed different water bodies. Application of water resources and lakes.
Instructional Tools &References	Classroom, Teacher presenter and worksheet.
Pedagogy	Learning by doing and concept formation. Follow –up-activity: Recitation of the worksheet by the teacher and students together.
Activity/Assignment	Worksheet: Students will write the names of different lakes Paste different pictures on the worksheet.
Assessment	Worksheet.
Syllabus For Formative &Summative Assessment	Two worksheets at the end of term will be given related to all concepts taught.



**DETAILED PLANNER OF
LIBRARY
(April May))**

CLASS – 1st

CLASSES REQUIRED	Total periods: 8 (40 minute class period) 1 Story a week and Book Reading a week
TOPIC	<p><u>Stories:</u></p> <ul style="list-style-type: none"> • The Remarkable Queen. • The Snow Queen. • The Golden Goose. • Pinocchio. <p><u>Book Reading:</u></p> <ul style="list-style-type: none"> • Learning Time library • Phonics Book Reading. • Pepper Book Reading.
CONCEPT & SKILLS	<ul style="list-style-type: none"> • Listening • Speaking • Reading
LEARNING OUTCOMES	<ul style="list-style-type: none"> • Know the theme of the story. • Having fun in listening to the stories. • Exploring ideas from stories. • Inculcate reading habits among children.
INSTRUCTIONAL TOOLS & REFERENCES	<ul style="list-style-type: none"> • Books. • Teacher Presenter. • Involving students to play the role of different characters in the story.
PEDAGOGY	<ul style="list-style-type: none"> • Group speaking: The teacher will make students to retell the story for developing speaking skills. • Random Questioning: The teacher will ask students about the role of different characters played in the story.
ACTIVITY / ASSIGNMENT	<ul style="list-style-type: none"> • Listening stories from the students to check their speaking skills. • Reading Hour: The teacher will make the students to read the text and learns the vocabulary words accordingly.
ASSESSMENT	Same As Above
SYLLABUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	_____



DETAILED PLANNER OF

LIBRARY

Class 1st

(June-July)

CLASSES REQUIRED	Total periods: 8 (40 minute class period) 1 Story a week and Book Reading a week
TOPIC	<p><u>Stories:</u></p> <ul style="list-style-type: none"> • Fish And The Hare. • Hansel & Gretel. • Sleeping Beauty. • Thumbelina. <p><u>Book Reading:</u></p> <ul style="list-style-type: none"> • Phonics Fun (1A, 1B). • Step into reading. • Toddlers Book Reading. • USBORNE Very First Reading.
CONCEPT & SKILLS	<ul style="list-style-type: none"> • Listening • Speaking • Reading
LEARNING OUTCOMES	<ul style="list-style-type: none"> • Know the theme of the story. • Having fun in listening to the stories. • Learn to retell the story. • Recognize the characters in the story through role plays. • Learn to read the text in the book provided.
INSTRUCTIONAL TOOLS & REFERENCES	<ul style="list-style-type: none"> • Books. • Teacher Presenter. • Involving students to play the role of different characters in the story.
PEDAGOGY	<ul style="list-style-type: none"> • The teacher will make students to relate with the different characters of the story. • Follow –up: Teacher will narrate the story through the role play. • Group Speaking: Here teacher will make students to retell the story for developing speaking skills. <p><u>Reading Hour:</u></p> <ul style="list-style-type: none"> • The teacher will make the students to read the text and learn the vocabulary words accordingly.
ACTIVITY / ASSIGNMENT	<p><u>Activity:</u></p> <ul style="list-style-type: none"> • Retell the story with the help of teacher’s assistance. • Read the following “chain reading”.
ASSESSMENT	Same As Above
SYLLABUS FOR FORMATIVE &	_____



**SUMMATIVE
ASSESSMENT**

**DETAILED PLANNER OF
MUSIC**

CLASS - 1ST

CYCLE – IST (MARCH/APRIL)

CLASSES REQUIRED	PERIODS (4)
TOPIC	Different sargam practice (Alankar)
CONCEPT & SKILLS	<ul style="list-style-type: none"> • Voice development.
LEARNING OUTCOMES	To understand the importance of sargam and will develop a habit of practicing it.
INSTRUCTIONAL TOOLS & REFERENCES	Harmonium and Dafli
PEDAGOGY	Learning by singing
ACTIVITY / ASSIGNMENT / RESEARCH	Sargam practice
ASSESSMENT	They will be asked to sing sargam with Harmonium and Dafli
SYLLABUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	Students will be assessed throughout session on motivation to sing, Sense of rhythm and observations regarding quality of voice will be noted down.



CLASS - 1ST

CYCLE - May

CLASSES REQUIRED	PERIODS (12)
TOPIC	DPS SONG (I HAVE A DREAM.....)
CONCEPT & SKILLS	<ul style="list-style-type: none"> • Sense of singing and actions • “ Group co-ordination” “Team work” “Discipline” and “Confidence” while singing group songs and action songs.
LEARNING OUTCOMES	<p>To develop singing sense</p> <p>To develop interest towards singing and dancing / actions</p> <p>Children will enjoy to sing in groups</p> <p>To develop “ Group co-ordination” “Team work” “Discipline” and “Confidence”.</p>
INSTRUCTIONAL TOOLS & REFERENCES	<p>Dancing</p> <p>Actions</p> <p>Harmonium</p>
PEDAGOGY	Learning by singing and dancing / actions
ACTIVITY / ASSIGNMENT / RESEARCH	Singing with dance / actions
ASSESSMENT	Children will be asked to sing song with actions
SYLLABUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	Students will be assessed throughout session on motivation to sing, Sense of rhythm and observations regarding quality of voice will be noted down.

CLASS - 1ST

CYCLE – (JUNE)

CLASSES REQUIRED	PERIODS (4)
TOPIC	KASHMIRI SONG (ROSHI WALA MIYANIH DILBAROO.....)
CONCEPT & SKILLS	<ul style="list-style-type: none"> • Sense of singing and actions • “ Group co-ordination” “Team work” “Discipline” “Cultural harmony” and “Confidence” while singing group songs and action songs.
LEARNING OUTCOMES	<p>To develop singing sense</p> <p>To develop interest towards singing and dancing / actions</p> <p>Children will enjoy to sing in groups</p> <p>To develop “ Group co-ordination” “Team work” “Discipline” “Cultural harmony” and “Confidence”.</p>
INSTRUCTIONAL TOOLS & REFERENCES	<p>Dancing</p> <p>Actions</p> <p>Harmonium</p>
PEDAGOGY	Learning by singing and dancing / actions
ACTIVITY / ASSIGNMENT / RESEARCH	Singing with dance / actions
ASSESSMENT	Children will be asked to sing song
SYLLABUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	Students will be assessed throughout session on motivation to sing, Sense of rhythm and observations regarding quality of voice will be noted down.



Detailed Planner of Sports

Class 1st

March/April

(Cycle -1)

CLASSES REQUIRED	12(40 minutes each class)
TOPIC	.Commands . Mass drill
CONCEPT & SKILLS	.Four Count Callisthenic free Hand Exercises .By order and discipline
LEARNING OUTCOMES	.Discipline Standing In Row, Flexibility .Counting number in ascending and descending order .Maintain Discipline .Improve co-ordination
INSTRUCTIONAL TOOLS	. Ground Or Indoor Stadium . Drum Or Whistle
PEDAGOGY	actical Demonstration about the Position Of Body Parts i.e. Position OF foots, Hands, Legs, Etc
ACTIVITY	.Warm-up-Exercises Like, On Spot Running and jumping .Bending and stretching
ASSESSMENT	. Will Ask Students To Perform Such Exercises
SYLLUBUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	On the basis of students participation in activities done in the sports class the students will be assessed continuously for the motivation, expertise and sportsmanship throughout the session



Detailed Planner of Sports

Class 1st

April/May

(Cycle -2)

CLASSES REQUIRED	12(40 minutes each class)
TOPIC	.Commands . Jogging . Warm-up exercise
CONCEPT & SKILLS	. By Order And Discipline .Commands .Method .Demonstration
LEARNING OUTCOMES	.Maintain Discipline .Breathing system wills strong .Muscles strengthens increase .Blood circulation . Increase Flexibility .Improve co-ordination .Strength of muscles will improved
INSTRUCTIONAL TOOLS	.Ground or Indoor Stadium .Soft surface
PEDAGOGY	. Practical demonstration
ACTIVITY	.Warm-up-Exercises, Before Any Activity .On spot jumping bending and stretching
ASSESSMENT	. Will Ask Students To Perform Such Exercises
SYLLUBUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	On the basis of students participation in activities done in the sports class the students will be assessed continuously for the motivation, expertise and sportsmanship throughout the session

Detailed planner of sports

Class-1st

May/June

(Cycle- 3)

CLASS REQUIRED	12(40 minutes period class)
TOPIC	.Taekwondo . Cricket . Hockey
CONCEPT & SKILLS	. Development of fighting skills . Measures of self – defense . Warm-up-exercises
LEARNING OUTCOMES	. Aware of 1 st & 2 nd kick of taekwondo . Aware of stance . Improvement in standing position concentration with bat to ball Students knowing about push pass in hockey
INSTRUCTIONAL TOOLS & REFERENCES	. Commands . Hockey . Ground . Kicking pads . Cricket kit
PEDAGOGY	. Practical demonstration
ACTIVITY	. Students will follow instructions properly . Warm-up-exercises . Push pass /Stance . Demonstration will be given by teacher (Instructor)
ASSESSMENT	. Daily observation to monitor-skills of taekwondo, cricket & hockey . Assists push pass skills on the ground
LABUS FOR FORMATIVE & SUMMATIVE ASSESSMENT	On the basis of daily observation and students participation, child will be assessed continuously for discipline, motivation & basic skills



Class-1st

June/July

(Cycle-4)

CLASSES REQUIRED	12(40 minutes each)
TOPIC	<ul style="list-style-type: none"> . Safety rules while swimming . Swimming . Football . Hockey
CONCEPT & SKILLS	<ul style="list-style-type: none"> . Changing clothes. . Warm-up-exercises . Push pass by inside of foot . Receiving . Use of swimwear & bath towel . Enter and exit water safely
LEARNING OUTCOMES	<ul style="list-style-type: none"> . Students knowing about push pass in hockey . Knowing about push pass in football . Learn basic pool safety rules
INSTRUCTIONAL TOOLS & REFERENCES	<ul style="list-style-type: none"> . Pool safety signs . How to swim" video . Hockey .Football .Ground .Commands . Swimming pool
PEDAGOGY	<ul style="list-style-type: none"> . Practical demonstration
ACITIVTY	<ul style="list-style-type: none"> . Changing uniform and putting on swimwear . Keeping uniform neatly at a proper place. . Students will follow instructions properly . Warm-up-exercises
ASSESSMENT	<ul style="list-style-type: none"> Daily observation to monitor- obedience of pool rules, following safety signs, wearing of swimwear and towel . Daily observation to monitor-skills of football & Hockey
SYLLABUS FOR FORMATIVE& SUMMATIVE ASSESSMENT	<ul style="list-style-type: none"> . On the basic of daily observation and student participation, the child will be assessed continuously for discipline, motivation & basic skills



<u>MARCH:</u> CLASSES REQUIRED	4
TOPIC	Good manners
CONCEPTS & SKILLS	Concept: 1. Knowing good manner. 2. Knowing polite words. 3. Respect and obey our elders. Skill: Listening,Speaking and Writing .
LEARNING OUTCOMES	1.They will come to know about good manners to be followed in school and classroom. 2.Increased use of magic words. 3.To respect and obey elders.(parents ,teachers, drivers, attendants)
INSTRUCTIONAL TOOLS &REFERENCES	Classroom, teacher presenter and worksheet.
PEDAGOGY	Learning by doing and concept formation. Follow-up- activity Recitation of Rhymes (Teacher and students together)
ACTIVITY / ASSIGNMENT/ RESEARCH	Worksheet
SYLLABUS FOR SUMMATIVE ASESSMENT	Students will be assessed during interaction in class in the following areas: a)Ability to generate new ideas and their execution. b) Is able to suggest the right decision to be taken in a given situation. Students will also be given a fun worksheets at the end of session on all the concepts taught.



APRIL: CLASSES REQUIRED	4
TOPIC	Healthy Habits
CONCEPTS & SKILLS	Concept: 1. Good habits. 2. Live a healthy and clean life 3. Basic Habits. SKILL : Listening, Speaking and Writing.
LEARNING OUTCOMES	1. They will be able to understand that habits are formed by repeating an action again and again. 2. They should understand that we can live a healthy and clean life, if we follow good habits. 3. The basic habit should be well learnt and practiced.
INSTRUCTIONAL TOOLS & REFERENCES	Classroom, teacher presenter and worksheet.
PEDAGOGY	Learning by doing and concept formation. Follow-up- activity Recitation of Rhymes by teacher and Students together.
ACTIVITY / ASSIGNMENT/ RESEARCH	Worksheet
SYLLABUS FOR SUMMATIVE ASESSMENT	Students will be assessed during interaction in class in the following areas: a) Ability to generate new ideas and their execution. b) Is able to suggest the right decision to be taken in a given situation. Students will also be given a fun worksheets at the end of session on all the concepts taught.



<u>MAY:</u> CLASSES REQUIRED	4
TOPIC	Honesty
CONCEPTS & SKILLS	Concept: 4. Moral Values 5. Honesty is the best policy. 6. Basic Habits. SKILL : Listening, Speaking and Writing.
LEARNING OUTCOMES	4. They will come to know about moral values. 5. Understanding the importance of honesty.
INSTRUCTIONAL TOOLS &REFERENCES	Classroom, teacher presenter and worksheet.
PEDAGOGY	Learning by doing and concept formation. Follow-up- activity Recitation of Rhymes by teacher and Students together.
ACTIVITY / ASSIGNMENT/ RESEARCH	Worksheet
SYLLABUS FOR SUMMATIVE ASESSMENT	Students will be assessed during interaction in class in the following areas: a)Ability to generate new ideas and their execution. b) Is able to suggest the right decision to be taken in a given situation. Students will also be given a fun worksheets at the end of session on all the concepts taught.



<u>JUNE:</u>	2
CLASSES REQUIRED	
TOPIC	Sharing with one another
CONCEPTS & SKILLS	Concept: 7. Moral Values 8. Sharing is caring. SKILL: Listening, Speaking and Writing.
LEARNING OUTCOMES	6. They will come to know about moral values. 7. Understanding that sharing is caring.
INSTRUCTIONAL TOOLS & REFERENCES	Classroom, teacher presenter and worksheet.
PEDAGOGY	Learning by doing and concept formation. Follow-up- activity Recitation of the Rhymes by teacher and Students together.
ACTIVITY / ASSIGNMENT/ RESEARCH	Worksheet
SYLLABUS FOR SUMMATIVE ASESSMENT	Students will be assessed during interaction in class in the following areas: a) Ability to generate new ideas and their execution. b) Is able to suggest the right decision to betake in a given situation. Students will also be given a fun worksheets at the end of session on all the concepts taught.