

## $CLASS - 2^{nd}$

| CLASSES                                | Total periods: 8 (40 minute class period)                                                                                                                                                                                                                                                                                     |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| REQUIRED                               | 1 Story a week and Book Reading a week                                                                                                                                                                                                                                                                                        |
| ΤΟΡΙϹ                                  | <ul> <li>Stories:</li> <li>The Hare-Brained Crocodile.</li> <li>The Little Match Girl.</li> <li>How The Dragon Was Tricked.</li> <li>Ali Baba and the Forty Thieves.</li> <li>Book Reading: <ul> <li>Fairy Tales.</li> <li>Famous Tales.</li> <li>Martine Series.</li> <li>I Can Read Series (Level-1)</li> </ul> </li> </ul> |
| CONCEPT &<br>SKILLS                    | <ul><li>Listening</li><li>Speaking</li><li>Reading</li></ul>                                                                                                                                                                                                                                                                  |
| LEARNING<br>OUTCOMES                   | <ul> <li>Know the theme of the story.</li> <li>Having fun in listening to the stories.</li> <li>Exploring ideas from stories.</li> <li>Inculcate reading habits among children.</li> </ul>                                                                                                                                    |
| INSTRUCTIONAL<br>TOOLS &<br>REFERENCES | <ul> <li>Books.</li> <li>Teacher Presenter.</li> <li>Involving students to play the role of different characters in the story.</li> </ul>                                                                                                                                                                                     |
| PEDAGOGY                               | <ul> <li>Group speaking: The teacher will make students to retell the story for developing speaking skills.</li> <li>Random Questioning: The teacher will ask students about the role of different characters played in the story.</li> </ul>                                                                                 |
| ACTIVITY /<br>ASSIGNMENT               | <ul> <li>Listening stories from the students to check their speaking skills.</li> <li>Reading Hour: The teacher will make the students to read the text and learns the vocabulary words accordingly.</li> </ul>                                                                                                               |
| ASSESSMENT                             | Same As Above                                                                                                                                                                                                                                                                                                                 |



### DETAILED PLANNER OF LIBRARY (June-July)

## CLASS – 2<sup>nd</sup>

| CLASSES                  | Total periods: 8 (40 minute class period)                                                                                                                                                                       |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| REQUIRED                 | 1 Story a week and Book Reading a week                                                                                                                                                                          |
| ТОРІС                    | <ul> <li><u>Stories:</u></li> <li>Ahmed and the Feather Girl.</li> <li>The Princess and the Pea.</li> <li>Akbar and Birbal.</li> <li>Princess Story.</li> </ul>                                                 |
|                          | Book Reading:                                                                                                                                                                                                   |
|                          | USBORNE Young Reading.                                                                                                                                                                                          |
|                          | Mulberry Books.                                                                                                                                                                                                 |
|                          | <ul> <li>Large Print Easy Reader.</li> <li>Let's See and Say Stories.</li> </ul>                                                                                                                                |
|                          | • Let's see and say stones.                                                                                                                                                                                     |
| CONCEPT &<br>SKILLS      | <ul> <li>Listening</li> <li>Speaking</li> <li>Reading</li> </ul>                                                                                                                                                |
| LEARNING                 | Know the theme of the story.                                                                                                                                                                                    |
| OUTCOMES                 | <ul> <li>Having fun in listening to the stories.</li> </ul>                                                                                                                                                     |
|                          | Exploring ideas from stories.                                                                                                                                                                                   |
|                          | Inculcate reading habits among children.                                                                                                                                                                        |
| INSTRUCTIONAL            | Books.                                                                                                                                                                                                          |
| TOOLS &                  | Teacher Presenter.                                                                                                                                                                                              |
| REFERENCES               | <ul> <li>Involving students to play the role of different characters in the story.</li> </ul>                                                                                                                   |
| PEDAGOGY                 | <ul> <li>Group speaking: The teacher will make students to retell the story for developing speaking skills.</li> <li>Random Questioning: The teacher will ask students about the role of different</li> </ul>   |
|                          | characters played in the story.                                                                                                                                                                                 |
| ACTIVITY /<br>ASSIGNMENT | <ul> <li>Listening stories from the students to check their speaking skills.</li> <li>Reading Hour: The teacher will make the students to read the text and learns the vocabulary words accordingly.</li> </ul> |
| ASSESSMENT               | Same As Above                                                                                                                                                                                                   |



**Computer Science** 

### DETAILED PLANNER OF

### (MARCH-APRIL)

CLASS - 2<sup>nd</sup> CYCLE - 1

| CLASSES<br>REQUIRED                    | 20 classes.                                                                                                                                                                                                                                                       |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                        | <ul> <li>Parts of Computer.</li> <li>Input and Output Devices.</li> <li>Hardware and Software</li> </ul>                                                                                                                                                          |
| ΤΟΡΙϹ                                  | MS WORD<br>• Opening of MS Word.<br>Features of Word.                                                                                                                                                                                                             |
|                                        | Saving and opening of existing file. <ul> <li>Formatting (Bold, Italic ,underline ,font color and font size)</li> <li>Changing of background color</li> <li>Page Borders and Shading.</li> <li>Insert Picture</li> <li>Word art.</li> <li>Autoshapes</li> </ul>   |
| ONCEPT & SKILLS                        | <ul> <li>Identification of different computer peripherals.</li> <li>Different parts of computer used as Input and Output devices.</li> </ul>                                                                                                                      |
|                                        | <ul> <li>Difference between Hardware and Software.</li> <li>Word Application</li> <li>Formatting of text in MS Word</li> </ul>                                                                                                                                    |
|                                        | <ul> <li>Application of different features of MS Word</li> </ul>                                                                                                                                                                                                  |
| LEARNING<br>OUTCOMES                   | <ul> <li>Will be able identity computer and its peripherals.</li> <li>Will be able to differentiate Hardware and Software.</li> <li>Use of applications and its program.</li> <li>Opening of MS Word.</li> <li>Will be to change features of word file</li> </ul> |
|                                        | <ul> <li>Will be able to apply different features in designing a<br/>document.</li> </ul>                                                                                                                                                                         |
| INSTRUCTIONAL<br>TOOLS &<br>REFERENCES | <ul><li>Projector.</li><li>White board.</li><li>Lab equipment.</li></ul>                                                                                                                                                                                          |
| PEDAGOGY                               | Concept formation                                                                                                                                                                                                                                                 |
| ACTIVITY /                             | <ul> <li>Draw and label different parts of computer.</li> </ul>                                                                                                                                                                                                   |
| ASSIGNMENT                             | <ul> <li>Typing in MS Word.</li> <li>Designing of a Birthday card &amp;Friendship Card</li> </ul>                                                                                                                                                                 |
| ASSESSMENT                             | On daily basis                                                                                                                                                                                                                                                    |



### DETAILED PLANNER OF

#### **Computer Science**

(MAY-JUNE)

### CYCLE - 1

CLASS - 2<sup>nd</sup>

| CLASSES<br>REQUIRED                    | 20 classes.                                                                                                                                                                                             |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ΤΟΡΙϹ                                  | MS Word                                                                                                                                                                                                 |
| CONCEPT &<br>SKILLS                    | <ul> <li>Editing text (Cut, Copy&amp; Paste)</li> <li>Inserting of Table in Word Document.</li> <li>Deleting rows, columns and table.</li> <li>Merge and Split cells.</li> </ul>                        |
| LEARNING<br>OUTCOMES                   | <ul> <li>Will be able to know how to edit text in a document.</li> <li>Able to insert table, delete table, merge and split cells in a table.</li> <li>Will be able to know how to edit text.</li> </ul> |
| INSTRUCTIONAL<br>TOOLS &<br>REFERENCES | <ul><li>Projector.</li><li>White board.</li><li>Lab equipment.</li></ul>                                                                                                                                |
| PEDAGOGY                               | <ul><li>Discussion.</li><li>Questioning.</li></ul>                                                                                                                                                      |
| ACTIVITY /<br>ASSIGNMENT /<br>RESEARCH | <ul> <li>Making of Class Time Table</li> <li>Making of Rate List</li> <li>Editing a paragraph</li> </ul>                                                                                                |
| ASSESSMENT                             | On daily basis                                                                                                                                                                                          |



# **DETAILED PLANNER OF GENERAL KNOWLEDGE**

## Class- 2nd

|                                                        | Cycle (1)                                                                                     |
|--------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Classes                                                | 2(40 minute class period)                                                                     |
| Required                                               |                                                                                               |
| Торіс                                                  | Myself                                                                                        |
| Concept &                                              | Concept                                                                                       |
| Skills                                                 | 1. Learn how to introduce ourselves.                                                          |
|                                                        | 2.Get to know about others personal details like name, class/sec, age ,birthday, address etc. |
| Learning                                               | 1. Awareness about oneself.                                                                   |
| Outcomes                                               | 2. Awareness about personal details of others.                                                |
| structional Tools<br>&                                 | Classroom, Teacher Presenter, Visual aid and worksheet                                        |
| References                                             |                                                                                               |
| Pedagogy                                               | Learning by doing and concept formation                                                       |
|                                                        | Following-up-Activity:                                                                        |
|                                                        | Recitation of the worksheet by teacher and students together.                                 |
| Activity/Assign<br>ment                                | Activity: Students will write their personal details.                                         |
| Assessment                                             | Worksheet                                                                                     |
| Syllabus For<br>Formative &<br>Summative<br>Assessment | Fun worksheet at the end term will be given related to all the concepts taught.               |



| <b>Classes Required</b>                               | 2(40 minute class period)                                                                                                                                                             |
|-------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Торіс                                                 | Our dress(Sean Palaw Poshakh)                                                                                                                                                         |
| Concept And Skills                                    | Concept:<br>1. Children will learn about the traditional dress of our state<br>(J&K).<br>2. Differentiation between the traditional dresses of the<br>different regions of the state. |
|                                                       | Skills: Listening, speaking, reading, and recognition.                                                                                                                                |
| Learning<br>Outcomes                                  | Children will come to know about the traditional dresses.<br>Seasonal importance of the traditional dresses.                                                                          |
| Instructional Tools<br>&References                    | Classroom, Teacher presenter and worksheet.                                                                                                                                           |
| Pedagogy                                              | Learning by doing and concept formation.<br>Follow –up-activity:<br>Recitation of the worksheet by the teacher and students together.                                                 |
| Activity/Assignm                                      | Worksheet:<br>1. Students will write names of different traditional dresses.                                                                                                          |
| ent                                                   | 2. Match the pictures of different dresses with their names.                                                                                                                          |
| Assessment                                            | Worksheet.                                                                                                                                                                            |
| Syllabus For<br>Formative<br>&Summative<br>Assessment | Fun worksheets at the end of term will be given related to all concepts taught.                                                                                                       |



# DETAILED PLANNER OF GENERAL KNOWLEDGE

## Class- 2nd

# Cycle (2)

| Classes                  | 2(40 minute class period)                                                                                                     |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| Required                 |                                                                                                                               |
| Торіс                    | My school                                                                                                                     |
| Concept &                | Concept                                                                                                                       |
| Skills                   | 1. How we learn and grow in a school.                                                                                         |
|                          | 2. We also learn to sing, dance, draw, paint, work on computers and game etc.                                                 |
|                          | 3. Get to know about different rooms.                                                                                         |
|                          | 4. They will come to know about important personalities of school as Mrs<br>Kusum Warikoo(principal) Vijay Dhar(chairman)etc. |
|                          | Skills: listening, speaking, reading, writing and mapping.                                                                    |
| Learning                 | <ol> <li>They will come to know about the different members and places of<br/>the school.</li> </ol>                          |
| Outcomes                 | 2. Importance of school                                                                                                       |
| Instructional<br>tools & | Classroom, teacher presenter and worksheet.                                                                                   |
| References               |                                                                                                                               |
| Pedagogy                 | Learning by doing and concept formation                                                                                       |
|                          | Following-up-Activity:                                                                                                        |
|                          | Recitation of the worksheet by teacher and students together.                                                                 |
|                          | Activity: Visit to a school/Worksheet                                                                                         |
| Activity/Assi            | 1.Students will write the name of the principal, chairman and in charge etc                                                   |
| gnment                   | 2. They will match the pictures of different places with their names.                                                         |
| Assessment               | Worksheet                                                                                                                     |



| Syllabus for<br>formative &<br>summative<br>Assessment | Fun worksheet at the end term will be given related to all concepts taught.                                                                                           |
|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Classes<br>Required                                    | 2(40 minute class period)                                                                                                                                             |
| Торіс                                                  | Our eating and drinking (Sean Khen Chen).                                                                                                                             |
| Concept And<br>Skills                                  | Concept:<br>1. Children will come to know different varieties of food available in<br>the state.<br>2. They will know the nutritional importance of these food items. |
|                                                        | Skills: Listening, speaking, reading, and recognition.                                                                                                                |
| Learning                                               | Children will identify their state specialties.                                                                                                                       |
| Outcomes                                               | Importance of these foods items.                                                                                                                                      |
| Instructional<br>Tools<br>&References                  | Classroom, Teacher presenter and worksheet.                                                                                                                           |
| Pedagogy                                               | Learning by doing and concept formation.                                                                                                                              |
|                                                        | Follow –up-activity:                                                                                                                                                  |
|                                                        | Recitation of the worksheet by the teacher and students together.                                                                                                     |
|                                                        | Worksheet:                                                                                                                                                            |
| Activity/Assi                                          | 1. Students will write names of different traditional dishes.                                                                                                         |
| gnment/                                                | 2. Match the pictures of different dishes with their names.                                                                                                           |
| Research                                               |                                                                                                                                                                       |
| Assessment                                             | Worksheet.                                                                                                                                                            |
| Syllabus For<br>Formative<br>&Summative<br>Assessment  | Fun worksheets at the end of term will be given related to all concepts taught.                                                                                       |



# DETAILED PLANNER OF GENERAL KNOWLEDGE

|                                                       | Class- 2nd Cycle (3)                                                                                              |
|-------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| Classes<br>Required                                   | 2(40 minute class period)                                                                                         |
| Торіс                                                 | Eco friendly                                                                                                      |
| Concept And<br>Skills                                 | Concept:<br>1. How to save our environment.<br>2Eco friendly activities.<br>Skills: Listening, speaking, reading. |
| Learning                                              | Learn things that will help us to save our environment.                                                           |
| Outcomes                                              | Know different eco friendly activities.                                                                           |
| Instructional<br>Tools<br>&References                 | Classroom, Teacher presenter visual aid and worksheet.                                                            |
| Pedagogy                                              | Learning by doing and concept formation.                                                                          |
|                                                       | Follow –up-activity:                                                                                              |
|                                                       | Recitation of the worksheet by the teacher and students together.                                                 |
|                                                       | Worksheet:                                                                                                        |
| Activity/Assign<br>ment/                              | Colour the eco friendly activities.                                                                               |
| Research                                              |                                                                                                                   |
| Assessment                                            | Worksheet.                                                                                                        |
| Syllabus For<br>Formative<br>&Summative<br>Assessment | Fun worksheets at the end of term will be given related to all concepts taught.                                   |



| <b>Classes Required</b>                               | 2(40 minute class period)                                                                                        |
|-------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| Торіс                                                 | Our water resources and lakes.(Sean Abe Aagar Te Sar)                                                            |
| Concept And Skills                                    | Concept:<br>1. Children will come to know the different water bodies of the<br>state.<br>2. Importance of water. |
|                                                       | Skills: Listening, speaking, reading, and significance.                                                          |
| Learning                                              | Children endorsed different water bodies.                                                                        |
| Outcomes                                              | Implication of water resources and lakes.                                                                        |
| Instructional<br>Tools<br>&References                 | Classroom, Teacher presenter and worksheet.                                                                      |
| Pedagogy                                              | Learning by doing and concept formation.                                                                         |
|                                                       | Follow –up-activity:                                                                                             |
|                                                       | Recitation of the worksheet by the teacher and students together.                                                |
|                                                       | Worksheet:                                                                                                       |
| Activity/Assignm                                      | 1. Students will write the names of different lakes                                                              |
| ent                                                   | 2. Paste different pictures on the worksheet.                                                                    |
| Assessment                                            | Worksheet.                                                                                                       |
| Syllabus For<br>Formative<br>&Summative<br>Assessment | Fun worksheets at the end of term will be given related to all concepts taught.                                  |



## CLASS – 2nd

## CYCLE – 1st

| CLASSES<br>REQUIRED                                    | 4 periods (40 minutes)                                                                                                                                                                        |
|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ΤΟΡΙΟ                                                  | Sargam ,Alankaar, Aakaar,Rhythm                                                                                                                                                               |
| CONCEPT &<br>SKILLS                                    | Alankaars according to rhythm.<br>Aakaar                                                                                                                                                      |
| LEARNING<br>OUTCOMES                                   | Voice quality will be developed through regular sargam Alankaar practice.<br>They will be able to iIdentify changes in pitch and melodic direction.<br>Learnt to develop group singing skills |
| INSTRUCTIONAL<br>TOOLS &<br>REFERENCES                 | Teacher presenter,Hormonium,congo,Dafli etc.                                                                                                                                                  |
| PEDAGOGY                                               | Teacher will practically show how to sing sach sargam Alankaars                                                                                                                               |
| ACTIVITY /<br>ASSIGNMENT /<br>RESEARCH                 | Different types of sargam alankaars.                                                                                                                                                          |
| SYLLABUS FOR<br>FORMATIVE &<br>SUMMATIVE<br>ASSESSMENT | Assessment done throughout session where the students motivation ,sense of rhythm and quality of voice will be noted down.                                                                    |



CLASS -2nd

# CYCLE - 2<sup>ND</sup>

# (May) Mucic

| CLASSES<br>REQUIRED                                    | 4 periods ( 40 minutes)                                                                                                                                     |
|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ΤΟΡΙϹ                                                  | Basic Sargam Warm up<br>Sargam Geet in Raag Khamaaj(Section.ABCD)<br>Raag Bhoop—(EFGHISection)                                                              |
| CONCEPT &<br>SKILLS                                    | Identification of Swars<br>Singing Sargam geet according to notation<br>Correct Rhythm                                                                      |
| LEARNING<br>OUTCOMES                                   | Learn to identify Swars<br>Learn to develop Skill of singing through sargams.<br>Learn to develop voice quality /pitch through sargam practice with rhythm. |
| INSTRUCTIONAL<br>TOOLS &<br>REFERENCES                 | Teacher presenter, Harmonium, Congo ,Dafli etc.                                                                                                             |
| PEDAGOGY                                               | Teacher will practically make children to sing sargam geets in chorus.                                                                                      |
| ACTIVITY /<br>ASSIGNMENT /<br>RESEARCH                 | Singing different types of songs.                                                                                                                           |
| SYLLABUS FOR<br>FORMATIVE &<br>SUMMATIVE<br>ASSESSMENT | Assessment done throughout session where the students motivation ,sense of rhythm and quality of voice will be noted down                                   |



CLASS -2<sup>nd</sup> June (Music)

| CLASSES                  |                                                                                                           |
|--------------------------|-----------------------------------------------------------------------------------------------------------|
| REQUIRED                 | 4 periods( 40 minutes)                                                                                    |
|                          | Different types of song.                                                                                  |
|                          | 1. 2 <sup>nd</sup> AWatan daroo (kashmiri Patriotic                                                       |
|                          | 2. 2 <sup>ND</sup> BRone daamaan (kashmiri)                                                               |
|                          | 3 2 <sup>nd</sup> CSamith Watan Watan karo(Kashmiri Patriotic Song)                                       |
|                          | 4. 2 <sup>nd</sup> DLet"s try to be loving.                                                               |
| TOPIC                    | 5. 2 <sup>ND</sup> EAll flowers are waking spring has come again.                                         |
|                          | 6. 2 <sup>nd</sup> FRaag Bihag.                                                                           |
|                          | 7 2 <sup>nd</sup> GThank you for my eyes.                                                                 |
|                          | 8. 2 <sup>nd</sup> HBulbul wanan cho poshan (kashmiri)                                                    |
|                          | 9 2 <sup>nd</sup> IToshan kyah cho poshan (kashmiri)                                                      |
|                          |                                                                                                           |
| CONCEPT &                | Develop the right techniques of to sing in tune                                                           |
| SKILLS                   | Control of pitch.                                                                                         |
|                          | Control of volume.                                                                                        |
|                          | Control of time.                                                                                          |
|                          | Control of rhythm.                                                                                        |
| LEARNING                 |                                                                                                           |
| OUTCOMES                 | Learn to sing in tune, with the correct rhythm                                                            |
|                          | Learn the lyrics                                                                                          |
|                          | Develop interest in music                                                                                 |
|                          | Enjoy singing in a group                                                                                  |
|                          |                                                                                                           |
| INSTRUCTIONAL            | Teacher presenter, Harmonium, Congo ,Dafli etc.                                                           |
| TOOLS &<br>REFERENCES    |                                                                                                           |
| PEDAGOGY                 | The teacher sings two or three songs during a lesson and asks the children to choose what they like most. |
| ACTIVITY /               | Singing different types of songs.                                                                         |
| ASSIGNMENT /             |                                                                                                           |
| RESEARCH                 |                                                                                                           |
| SYLLABUS FOR             | Assessment done throughout session where the students motivation ,sense of rhythm and                     |
| FORMATIVE &<br>SUMMATIVE | quality of voice will be noted down                                                                       |



ASSESSMENT



#### Detailed Planner of Sports

| Class 2nd           | March/April | (Cycle -1)                                                                                                                                       |
|---------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| CLASSES             |             | 12(40 minutes each class)                                                                                                                        |
| REQUIRED            |             |                                                                                                                                                  |
| ΤΟΡΙϹ               |             | .Commands                                                                                                                                        |
|                     |             | . Mass drill                                                                                                                                     |
| CONCEPT & SKILLS    |             | .Four Count Callisthenic free Hand Exercises<br>.By order and discipline                                                                         |
| LEARNING OUTCOMES   |             | .Discipline Standing In Row, Flexibility<br>.Counting number in ascending and descending order<br>.Maintain Discipline<br>.Improve co-ordination |
| INSTRUCTIONAL TOOLS | 5           | . Ground Or Indoor Stadium<br>. Drum Or Whistle                                                                                                  |
| PEDAGOGY            | actical     | Demonstration about the Position Of Body Parts i.e. Position OF<br>foots, Hands, Legs, Etc                                                       |
| ACTIVITY            |             | Warm-up-Exercises Like, On Spot Running and jumping.<br>Bending and stretching.                                                                  |
| ASSESMENT           |             | Will ask students to perform such exercises                                                                                                      |
| SYLLUBUS FOR        | On the      | e basis of students participation in activities done in the sports                                                                               |
| FORMATIVE &         | class       | the students will be assessed continuously for the motivation,                                                                                   |
| SUMMATIVE ASSESSMEN | NT          | expertise and sportsmanship throughout the session                                                                                               |



#### Detailed Planner of Sports

| Class 2nd                   | April/May | (Cycle -2)                                                                                                                                                                                              |
|-----------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CLASSES                     |           | 12(40 minutes each class)                                                                                                                                                                               |
| REQUIRED                    |           |                                                                                                                                                                                                         |
| TOPIC                       |           | .Commands                                                                                                                                                                                               |
|                             |           | . Jogging                                                                                                                                                                                               |
|                             |           | . Warm-up exercise                                                                                                                                                                                      |
| CONCEPT & SKILLS            | 5         | . By Order And Discipline                                                                                                                                                                               |
|                             |           | .Commands                                                                                                                                                                                               |
|                             |           | .Method                                                                                                                                                                                                 |
|                             |           | .Demonstration                                                                                                                                                                                          |
|                             |           | .Maintain Discipline<br>.Breathing system wills strong<br>.Muscles strengthens increase<br>.Blood circulation<br>. Increase Flexibility<br>.Improve co-ordination<br>.Strength of muscles will improved |
| INSTRUCTIONAL TOO           | JLS       | .Ground or Indoor Stadium<br>.Soft surface                                                                                                                                                              |
| PEDAGOGY                    |           | . Practical demonstration                                                                                                                                                                               |
| ACTIVITY                    |           | .Warm-up-Exercises, Before Any Activity<br>.On spot jumping bending and stretching                                                                                                                      |
| ASSESSMENT                  |           | . Will Ask Students To Perform Such Exercises                                                                                                                                                           |
| SYLLUBUS FOR<br>FORMATIVE & | cl        | the basis of students participation in activities done in the sports<br>ass the students will be assessed continuously for the motivation,<br>expertise and sportsmanship throughout the session        |
| SUMMATIVE ASSESSM           | 1EN I     |                                                                                                                                                                                                         |



### Detailed planner of sports

Class 2nd

May/June

(Cycle-3)

| CLASS REQUIRED                                         | 12(40 minutes period class)                                                                                                                   |
|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| ΤΟΡΙϹ                                                  | .Taekwondo<br>. Cricket                                                                                                                       |
|                                                        | . Hockey .                                                                                                                                    |
|                                                        | Football                                                                                                                                      |
| CONCEPT & SKILLS                                       | . Development of fighting skills Push-pass by inside of foot . Receiving<br>. Push pass by instep / out step                                  |
|                                                        | . Measures of self – defense                                                                                                                  |
|                                                        | . Warm-up-exercises                                                                                                                           |
| LEARNING                                               | . Aware of 1 <sup>st</sup> & 2 <sup>nd</sup> kick of taekwondo                                                                                |
| OUTCOMES                                               | . Aware of stance                                                                                                                             |
|                                                        | Improvement in standing position .                                                                                                            |
|                                                        | Knowing about push pass in football                                                                                                           |
|                                                        | Concentration with bat to ball<br>. Students knowing about push pass in hockey                                                                |
| INSTRUCTIONAL                                          | .Commands                                                                                                                                     |
| TOOLS                                                  | . Hockey .                                                                                                                                    |
| & REFERENCES                                           | Football .<br>Whistle                                                                                                                         |
|                                                        | . Ground                                                                                                                                      |
|                                                        | . Kicking pads                                                                                                                                |
|                                                        | . Cricket kit                                                                                                                                 |
| PEDAGOGY                                               | . Practical demonstration                                                                                                                     |
| ACTIVITY                                               | . Students will follow instructions properly<br>. Warm-up-exercises .                                                                         |
|                                                        | Bending & stretching<br>. Push pass /Stance                                                                                                   |
|                                                        | . Demonstration will be given by teacher (Instructor)                                                                                         |
| ASSESSMENT                                             | . Daily observation to monitor-skills of taekwondo, football cricket & hockey<br>. Assists push pass skills on the ground                     |
| SYLLABUS FOR<br>FORMATIVE &<br>SUMMATIVE<br>ASSESSMENT | . On the basis of daily observation and students participation, child will be assessed continuously for discipline, motivation & basic skills |



#### Detailed Planner of Sports

| Class-2nd             | June/July (Cycle-4)                                                                                                                                                       |
|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CLASSES REQURIED      | 12(40 minutes each)                                                                                                                                                       |
| TOPIC                 | . Safety rules while swimming                                                                                                                                             |
|                       | . Swimming                                                                                                                                                                |
|                       | . Football                                                                                                                                                                |
|                       | . Hockey                                                                                                                                                                  |
| CONCEPT & SKILLS      | . Changing clothes.                                                                                                                                                       |
|                       | . Warm-up-exercises                                                                                                                                                       |
|                       | . Push-pass by inside of foot.                                                                                                                                            |
|                       | Receiving                                                                                                                                                                 |
|                       | . Use of swimwear & bath towel                                                                                                                                            |
|                       | . Enter and exit water safely                                                                                                                                             |
|                       | . Scoop the water and wash face                                                                                                                                           |
| LEARNING OUTCOMES     | . Wearing swim costumes properly & use of towel                                                                                                                           |
|                       | . Overcome aqua phobia                                                                                                                                                    |
|                       | . Students knowing about push pass in hockey<br>. Knowing about push pass in football                                                                                     |
|                       | . Learn basic pool safety rules                                                                                                                                           |
| INSTRUCTIONAL TOOLS & | . Pool safety signs                                                                                                                                                       |
| REFERENCES            | . How to swim" video                                                                                                                                                      |
|                       | . Hockey                                                                                                                                                                  |
|                       | .Football                                                                                                                                                                 |
|                       | .Ground                                                                                                                                                                   |
|                       | .Commands                                                                                                                                                                 |
|                       | . Swimming pool                                                                                                                                                           |
| PEDAGOGY              | . Practical demonstration                                                                                                                                                 |
| ACITIVTY              | . Changing uniform and putting on swimwear<br>. Keeping uniform neatly at a proper place.                                                                                 |
|                       | . Students will follow instructions properly                                                                                                                              |
|                       | . Warm-up-exercises                                                                                                                                                       |
| ASSESSMENT            | . Daily observation to monitor- obedience of pool rules, following safety signs, wearing of swimwear and towel . Daily observation to monitor-skills of football & Hockey |
| SYLLABUS FOR          | . On the basic of daily observation and student participation, the child will                                                                                             |



| FORMATIVE& | be assessed continuously for discipline, motivation & basic skills |
|------------|--------------------------------------------------------------------|
| SUMMATIVE  |                                                                    |
| ASSESSMENT |                                                                    |
|            |                                                                    |



| CLASSES REQUIRED       Good manners         TOPIC       Good manners         CONCEPTS & SKILLS       I. Knowing good manner.         2. Knowing polite words.       3. Respect and obey our elders.         3. Respect and obey our elders.       Skill:Listening,Speaking and Writing .         LEARNING OUTCOMES       1. They will come to know about good manners to be followed in school and classroom.         2.Increased use of magic words.       3.To respect and obey elders.(parents, teachers, drivers, attendants)         INSTRUCTIONAL TOOLS       Classroom, teacher presenter and worksheet.         PEDAGOGY       Learning by doing and concept formation.         Follow-up- activity       Recitation of Rhymes (Teacher and students together)         ACTIVITY /       Worksheet         ASSIGNMENT/       RESEARCH                                                                                                                                                                                                                                  | MARCH:              | 4                                                                                                             |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|---------------------------------------------------------------------------------------------------------------|
| TOPIC       Good manners         CONCEPTS & SKILLS       Concept:         1. Knowing good manner.       2. Knowing polite words.         3. Respect and obey our elders.       Skill:Listening,Speaking and Writing .         LEARNING OUTCOMES       1.They will come to know about good manners to be followed in school and classroom.         LEARNING OUTCOMES       1.They will come to know about good manners to be followed in school and classroom.         INSTRUCTIONAL TOOLS       3.To respect and obey elders.(parents ,teachers, drivers, attendants)         INSTRUCTIONAL TOOLS       Classroom, teacher presenter and worksheet.         PEDAGOGY       Learning by doing and concept formation.         Follow-up- activity       Recitation of Rhymes (Teacher and students together)         ACTIVITY /       Worksheet         ASSIGNMENT/       Students will be assessed during interaction in class in the following areas:         a)Ability to generate new ideas and their execution.       a)Ability to generate new ideas and their execution. |                     |                                                                                                               |
| CONCEPTS & SKILLS       Concept:         1. Knowing good manner.       2. Knowing polite words.         3. Respect and obey our elders.       3. Respect and obey our elders.         Skill:Listening.Speaking and Writing .       1. They will come to know about good manners to be followed in school and classroom.         LEARNING OUTCOMES       1. They will come to know about good manners to be followed in school and classroom.         INSTRUCTIONAL TOOLS       3. To respect and obey elders. (parents , teachers, drivers, attendants)         INSTRUCTIONAL TOOLS       Classroom, teacher presenter and worksheet.         PEDAGOGY       Learning by doing and concept formation.         Follow-up- activity       Recitation of Rhymes (Teacher and students together)         ACTIVITY /       Worksheet         ASSIGNMENT/       Students will be assessed during interaction in class in the following areas:         a)Ability to generate new ideas and their execution.       a)Ability to generate new ideas and their execution.               |                     | Cood manners                                                                                                  |
| CONCEPTS & SNILLS       1. Knowing good manner.         2. Knowing polite words.       3. Respect and obey our elders.         3. Respect and obey our elders.       Skill:Listening,Speaking and Writing .         LEARNING OUTCOMES       1.They will come to know about good manners to be followed in school and classroom.         2.Increased use of magic words.       3.To respect and obey elders.(parents ,teachers, drivers, attendants)         INSTRUCTIONAL TOOLS       Classroom, teacher presenter and worksheet.         PEDAGOGY       Learning by doing and concept formation.         Follow-up- activity       Recitation of Rhymes (Teacher and students together)         ACTIVITY /       Worksheet         ASSIGNMENT/       Students will be assessed during interaction in class in the following areas:         a)Ability to generate new ideas and their execution.       a)Ability to generate new ideas and their execution.                                                                                                                   |                     |                                                                                                               |
| 1.They will come to know about good manners to be followed in school and classroom.         2.Increased use of magic words.         3.To respect and obey elders.(parents ,teachers, drivers, attendants)         INSTRUCTIONAL TOOLS<br>&REFERENCES         Classroom, teacher presenter and worksheet.         PEDAGOGY         Learning by doing and concept formation.         Follow-up- activity         Recitation of Rhymes (Teacher and students together)         ACTIVITY /         ASSIGNMENT/         RESEARCH         SYLLABUS FOR         SUMMATIVE ASESSMENT                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | CONCEPTS & SKILLS   | <ol> <li>Knowing good manner.</li> <li>Knowing polite words.</li> <li>Respect and obey our elders.</li> </ol> |
| and classroom.         2.Increased use of magic words.         3.To respect and obey elders.(parents ,teachers, drivers, attendants)         INSTRUCTIONAL TOOLS<br>&REFERENCES         Classroom, teacher presenter and worksheet.         PEDAGOGY         Learning by doing and concept formation.         Follow-up- activity         Recitation of Rhymes (Teacher and students together)         ACTIVITY /         ASSIGNMENT/         RESEARCH         SYLLABUS FOR         SUMMATIVE ASESSMENT                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | LEARNING OUTCOMES   |                                                                                                               |
| 3.To respect and obey elders.(parents , teachers, drivers, attendants)         INSTRUCTIONAL TOOLS<br>&REFERENCES       Classroom, teacher presenter and worksheet.         PEDAGOGY       Learning by doing and concept formation.<br>Follow-up- activity         Recitation of Rhymes (Teacher and students together)       ACTIVITY /<br>RESEARCH         SYLLABUS FOR<br>SUMMATIVE ASESSMENT       Students will be assessed during interaction in class in the following areas:<br>a)Ability to generate new ideas and their execution.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                     |                                                                                                               |
| INSTRUCTIONAL TOOLS<br>&REFERENCES       Classroom, teacher presenter and worksheet.         PEDAGOGY       Learning by doing and concept formation.<br>Follow-up- activity<br>Recitation of Rhymes (Teacher and students together)         ACTIVITY /<br>ASSIGNMENT/<br>RESEARCH       Worksheet         SYLLABUS FOR<br>SUMMATIVE ASESSMENT       Students will be assessed during interaction in class in the following areas:<br>a)Ability to generate new ideas and their execution.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                     | 2.Increased use of magic words.                                                                               |
| &REFERENCES       Classroom, teacher presenter and worksheet.         PEDAGOGY       Learning by doing and concept formation.         Follow-up- activity       Follow-up- activity         Recitation of Rhymes (Teacher and students together)       ACTIVITY /         ACTIVITY /       Worksheet         ASSIGNMENT/       Worksheet         SYLLABUS FOR       Students will be assessed during interaction in class in the following areas:         SUMMATIVE ASESSMENT       Ability to generate new ideas and their execution.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                     | 3.To respect and obey elders.(parents ,teachers, drivers, attendants)                                         |
| Follow-up- activity         Recitation of Rhymes (Teacher and students together)         ACTIVITY /         ASSIGNMENT/         RESEARCH         SYLLABUS FOR         SUMMATIVE ASESSMENT         SUMMATIVE ASESSMENT                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                     | Classroom, teacher presenter and worksheet.                                                                   |
| ACTIVITY /       Recitation of Rhymes (Teacher and students together)         ACTIVITY /       Worksheet         ASSIGNMENT/       Worksheet         SYLLABUS FOR       Students will be assessed during interaction in class in the following areas:         SUMMATIVE ASESSMENT       a)Ability to generate new ideas and their execution.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | PEDAGOGY            | Learning by doing and concept formation.                                                                      |
| ACTIVITY /       Worksheet         ASSIGNMENT/       Worksheet         RESEARCH       SYLLABUS FOR         SYLLABUS FOR       Students will be assessed during interaction in class in the following areas:         SUMMATIVE ASESSMENT       a)Ability to generate new ideas and their execution.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                     | Follow-up- activity                                                                                           |
| ASSIGNMENT/         RESEARCH         SYLLABUS FOR         SUMMATIVE ASESSMENT         SUMMATIVE ASESSMENT                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                     | Recitation of Rhymes (Teacher and students together)                                                          |
| <b>SUMMATIVE ASESSMENT</b> a)Ability to generate new ideas and their execution.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | ASSIGNMENT/         | Worksheet                                                                                                     |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | SYLLABUS FOR        | Students will be assessed during interaction in class in the following areas:                                 |
| b) Is able to suggest the right decision to be taken in a given situation.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | SUMMATIVE ASESSMENT | a)Ability to generate new ideas and their execution.                                                          |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                     | b) Is able to suggest the right decision to be taken in a given situation.                                    |
| Students will also be given a fun worksheets at the end of session on all the concepts taught.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                     | Students will also be given a fun worksheets at the end of session on all the concepts taught.                |
| 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                     | 4                                                                                                             |



| _ <b></b>                             |                                                                                                                                                                                                                                                                                               |
|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <u>APRIL:</u>                         |                                                                                                                                                                                                                                                                                               |
| CLASSES REQUIRED                      |                                                                                                                                                                                                                                                                                               |
| ΤΟΡΙϹ                                 | Healthy Habits                                                                                                                                                                                                                                                                                |
| CONCEPTS & SKILLS                     | <b>Concept:</b><br>1. Good habits.<br>2. Live a healthy and clean life<br>3. Basic Habits.<br><b>SKILL</b> : Listening, Speaking and Writing.                                                                                                                                                 |
| LEARNING OUTCOMES                     | <ol> <li>They will be able to understand that habits are formed by repeating<br/>an action again and again.</li> <li>They should understand that we can live a healthy and clean life, if<br/>we follow good habits.</li> <li>The basic habit should be well learnt and practiced.</li> </ol> |
| INSTRUCTIONAL TOOLS<br>&REFERENCES    | Classroom, teacher presenter and worksheet.                                                                                                                                                                                                                                                   |
| PEDAGOGY                              | Learning by doing and concept formation.                                                                                                                                                                                                                                                      |
|                                       | Follow-up- activity                                                                                                                                                                                                                                                                           |
|                                       | Recitation of Rhymes by teacher and Students together.                                                                                                                                                                                                                                        |
| ACTIVITY /<br>ASSIGNMENT/<br>RESEARCH | Worksheet                                                                                                                                                                                                                                                                                     |
| SYLLABUS FOR                          | Students will be assessed during interaction in class in the following areas:                                                                                                                                                                                                                 |
| SUMMATIVE ASESSMENT                   | a)Ability to generate new ideas and their execution.                                                                                                                                                                                                                                          |
|                                       | b) Is able to suggest the right decision to be taken in a given situation.                                                                                                                                                                                                                    |
|                                       | Students will also be given a fun worksheets at the end of session on all the concepts taught.                                                                                                                                                                                                |
|                                       |                                                                                                                                                                                                                                                                                               |



| <u>MAY:</u>                           |                                                                                                                                                                                                                     |
|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CLASSES REQUIRED                      |                                                                                                                                                                                                                     |
| ΤΟΡΙϹ                                 | Honesty                                                                                                                                                                                                             |
| CONCEPTS & SKILLS                     | Concept:<br>4. Moral Values<br>5. Honesty is the best policy.<br>6. Basic Habits.<br>SKILL : Listening, Speaking and Writing.                                                                                       |
| LEARNING OUTCOMES                     | <ol> <li>They will come to know about moral values.</li> <li>Understanding the importance of honesty.</li> </ol>                                                                                                    |
| INSTRUCTIONAL TOOLS<br>&REFERENCES    | Classroom, teacher presenter and worksheet.                                                                                                                                                                         |
| PEDAGOGY                              | Learning by doing and concept formation.<br>Follow-up- activity<br>citation of Rhymes by teacher and Students together.                                                                                             |
| ACTIVITY /<br>ASSIGNMENT/<br>RESEARCH | Worksheet                                                                                                                                                                                                           |
| SYLLABUS FOR<br>SUMMATIVE ASESSMENT   | Students will be assessed during interaction in class in the following areas:<br>a)Ability to generate new ideas and their execution.<br>b) Is able to suggest the right decision to be taken in a given situation. |
|                                       | Students will also be given a fun worksheets at the end of session on all the concepts taught.                                                                                                                      |



| JUNE:                                 | 2                                                                                                                             |
|---------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| CLASSES REQUIRED                      |                                                                                                                               |
| ΤΟΡΙϹ                                 | Sharing with one another                                                                                                      |
| CONCEPTS & SKILLS                     | <b>Concept:</b><br>7. Moral Values<br>8. Sharing is caring.<br><b>SKILL:</b> Listening, Speaking and Writing.                 |
| LEARNING OUTCOMES                     | <ul><li>6. They will come to know about moral values.</li><li>7. Understanding that sharing is caring.</li></ul>              |
| INSTRUCTIONAL TOOLS<br>&REFERENCES    | Classroom, teacher presenter and worksheet.                                                                                   |
| PEDAGOGY                              | Learning by doing and concept formation.<br>Follow-up- activity<br>Recitation of the Rhymes by teacher and Students together. |
| ACTIVITY /<br>ASSIGNMENT/<br>RESEARCH | Worksheet                                                                                                                     |
| SYLLABUS FOR                          | Students will be assessed during interaction in class in the following areas:                                                 |
| SUMMATIVE ASESSMENT                   | a)Ability to generate new ideas and their execution.                                                                          |
|                                       | b) Is able to suggest the right decision to betake in a given situation.                                                      |
|                                       | Students will also be given a fun worksheets at the end of session on all the concepts taught.                                |