



**DELHI PUBLIC SCHOOL
SRINAGAR**

SYLLABUS BREAKUP

Class: 8th
Session: 2018

SYLLABUS BREAKUP

CLASS 8TH



**Delhi Public School
Srinagar**

8th

English

MARCH

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
LITERATURE: TRAVELLER GRAMMAR/WRITING SKILLS: CHARACTER SKETCH POETRY WRITING PARAGRAPH WRITING PUNCTUATION SENTENCES(SIMPLE/COMPLEX/COMPOUND) READER: MANY SHADES OF HUMOUR:- 1. THE OPEN WINDOW(STORY) 2. MIKE TEAVEE(POEM) 3. THE KIDNAPPING OF CLARISSA(S		35	21
2 ND WEEK	1. TRAVELLER 2. CHARACTER SKETCH 3. ADJECTIVES (FOR DESCRIBING EMOTIONS AND PEOPLE)		
3 RD WEEK	1. SENTENCES (SIMPLE/COMPLEX/COMPOUND) 2. PARAGRAPH WRITING 3. POETRY WRITING SKILLS 4. RHYME SCHEME AND RHYTHM ACTIVITY: POETRY WRITING (2 PERIODS)		
4 TH WEEK	1. PUNCTUATION 2. THE OPEN WINDOW		
5 TH WEEK	1. MIKE TEAVEE 2. THE KIDNAPPING OF CLARISSA		

APRIL

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
LITERATURE A SAD CHILD THE MAN WHO KNEW TOO MUCH GRAMMAR/WRITING SKILLS: REPORT WRITING INFORMAL LETTER FINITE/NON-FINITE VERBS READER: MAN AND WAR:- 1. RISING ABOVE TERROR (STORY) 2. LINES WRITTEN IN EARLY SPRING(POEM) 3. WHY DO PEOPLE GO TO WAR?(PASS)		40	22
1ST WEEK	1. A SAD CHILD 2. THE MAN WHO KNEW TOO MUCH		
2ND WEEK	1. REPORT WRITING 2. INFORMAL LETTER		
3RD WEEK	1. FINITE/ NON-FINITE VERBS 2. RISING ABOVE TERROR ACTIVITY: BOOK HOUR (1 PERIOD)		
4TH WEEK	1. LINES WRITTEN IN EARLY SPRING 2. WHY DO PEOPLE GO TO WAR? 3. POETRY PERFORMANCE (ACTIVITY)		
5TH WEEK	1. PUZZLE SOLVING		

MAY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
LITERATURE: BORDER GUARDS GRAMMAR/WRITING SKILLS: DIARY ENTRY BROCHURE WRITING NOTICE KINDS OF VERBS		45	22

TENSES PREPOSITION UNSEEN COMPREHENSION (PASSAGE) READER: JOURNEY AND DESTINATION:- 1. MEMORIES OF THE BEACH(POEM) 2. RAJASTHAN...(PASSAGE) 3. VOLUNTOURISM			
1ST WEEK	1. BORDER GUARDS 2. DIARY ENTRY		
2ND WEEK	1. BROCHURE WRITING 2. KINDS OF VERBS (REVISION) 3. TENSES (PRESENT)		
3RD WEEK	1. TENSES(PAST/FUTURE) 2. PREPOSITION 3. PREPOSITIONAL PHRASES		
4TH WEEK	1. NOTICE 2. MEMORIES OF THE BEACH 3. COMPREHENSION (UNSEEN PASSAGE) ACTIVITY: I AM....DRESS LIKE FAVORITE CHARACTER (3 PERIODS)		
5TH WEEK	1. RAJASTHAN 2. VOLUNTOURISM		

JUNE

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
LITERATURE: THE CAT POVERTY POETIC DEVICES UNSEEN COMPREHENSION (POEM) POETRY WRITING(ACTIVITY) ACTIVITY: MOVIE MAGIC (3 PERIODS)		15	9
1ST WEEK	1. THE CAT ACTIVITY: MOVIE MAGIC (3 PERIODS)		
2ND WEEK	1. THE CAT(CONT.)		

	2. POVERTY
3RD WEEK	1. POETIC DEVICES 2. COMPREHENSION (UNSEEN POEM) 3. POETRY WRITING(ACTIVITY)
4TH WEEK	REVISION (WRITING SKILLS OF TERM 1)
5TH WEEK	REVISION(GRAMMAR TOPICS OF TERM 1)

JULY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
MID TERM EXAMINATION		0	0
1ST WEEK	EXAM		
2ND WEEK	EXAM		
3RD WEEK	SUMMER BREAK		
4TH WEEK	SUMMER BREAK		
5TH WEEK	RESULT		

AUGUST

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
LITERATURE: THE NEVER NEVER NEST GRAMMAR/ WRITING SKILLS: FACTUAL DESCRIPTION(PERSON AND PLACE) FORMAL LETTER ADVERTISEMENT MAKING PHRASAL VERBS ACTIVE/PASSIVE READER: WORLDS APART:- 1. OOPS! I DROPPED MY SPOON (PASSAGE) 2. FOURTEEN(PLAY) 3. RICHES (POE		40	22
1ST WEEK	1. THE NEVER NEVER NEST 2. FACTUAL DESCRIPTION (PERSON)		
2ND WEEK	1. FACTUAL DESCRIPTION(PLACE) 2. FORMAL LETTER(LETTER TO THE EDITOR AND APPLICATION)		

3RD WEEK	1. ADVERTISEMENT MAKING 2. ACTIVE/PASSIVE 3. PHRASAL VERBS
4TH WEEK	1. OOPS! I DROPPED MY SPOON 2. GROUP DISCUSSION (ACTIVITY)
5TH WEEK	1. FOURTEEN 2. RICHES ACTIVITY: I TOO CAN SPEAK (2 PERIODS)

SEPTEMBER

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
LITERATURE: NEGRO MOTHER GRAMMAR/WRITING SKILLS: STORY WRITING MESSAGE NOTE-MAKING BIOSKETCH CONJUNCTIONS READER: MANY WAYS TO EARN A LIVING:- 1. EIGHT RUPEES(STORY) 2. THE MODEL MILLIONAIRE(STORY) 3. SET YOUR STANDARDS(POEM) ACTIVITY: BOOK REVIEW (1 P	40	22
1ST WEEK	1. NEGRO MOTHER	
2ND WEEK	1. NEGRO MOTHER (CONT.) 2. STORY WRITING	
3RD WEEK	1. MESSAGE 2. NOTE-MAKING 3. BIO SKETCH 4. DETERMINERS	
4TH WEEK	1. CONJUNCTIONS 2. EIGHT RUPEES 3. SET YOUR STANDARDS	
5TH WEEK	1. THE MODEL MILLIONAIRE	

	2. ROLE PLAYING AN INTERVIEW (ACTIVITY) ACTIVITY: BOOK REVIEW (1 PERIOD)
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OCTOBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
LITERATURE: A WEDDING IN RUSSIA LOCHINVAR GRAMMAR/ WRITING SKILLS: SPEECH WRITING NARRATION CLAUSES(IF/SUBORDINATE/COORDINATE) TRANSITIVE/INTRANSITIVE VERBS PRONOUNS DEGREES OF COMPARISON IDIOMS/PROVERBS ACTIVITY: SECRETS REVEALED...letter to teacher		40	22
1ST WEEK	1. A WEDDING IN RUSSIA 2. LOCHINVAR		
2ND WEEK	1. NARRATION 2. SPEECH WRITING 3. GIVING A SPEECH(ACTIVITY)		
3RD WEEK	1. DIALOGUE WRITING 2. CLAUSES (SUBORDINATE, COORDINATE AND IF CLAUSES) 3. TRANSITIVE/INTRANSITIVE VERBS		
4TH WEEK	1. PRONOUNS 2. DEGREES OF COMPARISON ACTIVITY: SECRETS REVEALED...letter to teacher—(2 PERIODS)		
5TH WEEK	1. IDIOMS 2. PROVERBS		

NOVEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
LITERATURE: BIG BROTHER		5	3
1 ST WEEK	BIG BROTHER		
2 ND WEEK	REVISION(WRITING SKILLS OF TERM 2)		
3 RD WEEK	REVISION(GRAMMAR TOPICS OF TERM 2)		
4 TH WEEK	REVISION(QUESTION ANSWERS OF LITERATURE)		
5 TH WEEK	REVISION(LITERARY DEVICES AND DISCUSSION OF MODEL TEST PAPER)		

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
FINAL TERM EXAMINATION		0	0
1 ST WEEK	EXAM		
2 ND WEEK	EXAM		
3 RD WEEK	-		
4 TH WEEK	-		
5 TH WEEK	-		

8th

Hindi

MARCH

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
मानव का कल्याण दो डाक्टर व्याकरण -: शब्द विचार, वचन ,लिंग, कारक संज्ञा कार्यकलाप - नाटक मंचन, अनुच्छेद लेखन पुनरावृत्ति	10	22
2ND WEEK	मानव का कल्याण	
3RD WEEK	दो डाक्टर	
4TH WEEK	व्याकरण -: शब्द विचार, वचन, लिंग, कारक संज्ञा	
5TH WEEK	कार्यकलाप - नाटकमंचन, अनुच्छेद लेखन पुनरावृत्ति	

APRIL

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
चेतना के स्वर अकबरी लोटा व्याकरण -: सर्वनाम, विशेषण क्रिया, पत्र लेखन कार्यकलाप – संवाद लेखन, ट्रैफिक नियमों को चार्ट पर लिखना पुनरावृत्ति	10	23
1ST WEEK	चेतना के स्वर	
2ND WEEK	अकबरी लोटा	
3RD WEEK	व्याकरण -: सर्वनाम, विशेषण	
4TH WEEK	क्रिया, पत्र लेखन	
5TH WEEK	कार्यकलाप – संवाद लेखन, ट्रैफिक नियमों को चार्ट पर लिखना पुनरावृत्ति	

MAY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
मन भावन सावन जादुईकालीन पृथ्वी, डॉ०अब्दुलकलाम केवल पढ़ने के लिए व्याकरण -: काल,वाच्य, अव्यय, उपसर्ग, प्रत्यय कविता व गीतों को लिखना, वाद – विवाद प्रतियोगिता		10	25
1 ST WEEK	मन भावन सावन		
2 ND WEEK	जादुई कालीन		
3 RD WEEK	पृथ्वी, डॉ०अब्दुलकलाम केवलपढ़ने के लिए		
4 TH WEEK	व्याकरण -: काल,वाच्य, अव्यय, उपसर्ग, प्रत्यय		
5 TH WEEK	कविता व गीतों को लिखना, वाद – विवादप्रतियोगिता		

JUNE

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
कलिंग विजय जीवन नहीं मरा करता है व्याकरण -: संधि, समास, शब्द विवेक पद परिचय, पदबंध सूची तैयार करना, कोलाज बनाना पुनरावृत्ति		10	20
1 ST WEEK	कलिंग विजय		

2ND WEEK	जीवन नहीं मरा करता है
3RD WEEK	व्याकरण -: संधि, समास, शब्द विवेक
4TH WEEK	पदपरिचय, पदबंध
5TH WEEK	सूची तैयार करना, कोलाज बनाना पुनरावृत्ति

JULY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
अर्द्धवार्षिक परीक्षा		0	अर्द्धवार्षिक परीक्षा
1ST WEEK	अर्द्धवार्षिक परीक्षा		
2ND WEEK	अर्द्धवार्षिक परीक्षा		
3RD WEEK	अर्द्धवार्षिक परीक्षा		
4TH WEEK	अर्द्धवार्षिक परीक्षा		
5TH WEEK	अर्द्धवार्षिक परीक्षा		

AUGUST

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
सुभागी मुक़्केबाज़ी का सुलतान मुहम्मद अली आखिर कितनी ज़मीन केवल पढ़ने के लिए		10	22
व्याकरण -: वाक्यविचार, अशुद्धवा			
1ST WEEK	सुभागी		
2ND WEEK	मुक़्केबाज़ी का सुलतान मुहम्मद अली		
3RD WEEK	आखिर कितनी ज़मीन केवल पढ़ने के लिए		
4TH WEEK	व्याकरण -: वाक्य विचार, अशुद्ध वाक्यों का संशोधन, पत्र लेखन		

5TH WEEK	कार्यकलाप :- सार लेखन, अनुच्छेद लेखन

SEPTEMBER

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
चीनी फेरीवाला जलियाँवाला बाग में बसंत व्याकरण :- विरामचिह्न, मुहावरे तथा लोकोक्तियाँ छोड़ दो मुझ केवल पढ़ने के लिए कार्यकलाप :- परियोजना कार्य	10 10	23
1ST WEEK	चीनी फेरीवाला	
2ND WEEK	जलियाँवाला बाग में बसंत	
3RD WEEK	व्याकरण :- विरामचिह्न, मुहावरे तथा लोकोक्तियाँ	
4TH WEEK	छोड़दोमुझ) केवल पढ़ने के लिए	
5TH WEEK	कार्यकलाप :- परियोजनाकार्य, अनुवाद	

OCTOBER

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
अजंता, पद्य नीति औरभक्ति काव्य सत्कर्तव्य व्याकरण :- अलंकार, सार, विज्ञापन, संवाद	- 10 - 10 - 10	22
1ST WEEK	अजंता,	
2ND WEEK	पद्य नीति और भक्ति काव्य	
3RD WEEK	सत्कर्तव्य	

4TH WEEK	व्याकरण -: अलंकार, सार, विज्ञापन, संवाद
5TH WEEK	कार्यकलाप -: प्रतिवेदन तैयारकरना, अंत्याक्षरी प्रतियोगिता

NOVEMBER

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
पहाड़ से ऊँचा आदमी केवल पढ़ने के लिए व्याकरण -: सूचना, अनुच्छेद वीर अभिमन्यु अपठित पद्यांश, अपठित गद्यांश	10 -	21
1ST WEEK	पहाड़ से ऊँचा आदमी केवल पढ़ने के लिए	
2ND WEEK	व्याकरण -: सूचना, अनुच्छेद	
3RD WEEK	वीर अभिमन्यु	
4TH WEEK	पद्यांश, अपठित गद्यांश, विज्ञापन लेखन, चित्र लेखन	
5TH WEEK	कार्यकलाप -: नाटकमंचन, सुविचार लिखना	

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
वार्षिक परीक्षा		1. पठनकौशल - पठितगद्यांश, अपठित पदयांश अंक - 15 2. लेखनकार्य संवाद लेखन, पत्र लेखन, विज्ञापन लेखन, अनुच्छेद लेखन, सूचना लेखन	वार्षिकपरीक्षा
1 ST WEEK	वार्षिक परीक्षा		
2 ND WEEK	वार्षिक परीक्षा		
3 RD WEEK	वार्षिक परीक्षा		
4 TH WEEK	वार्षिक परीक्षा		
5 TH WEEK	वार्षिक परीक्षा		

8th

Kashmiri

MARCH

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Dua 2. Hazrat Umer	0	5
2ND WEEK	Recaptulation Winter Assignment Checking	
3RD WEEK	Dua	
4TH WEEK	Hazrat Umer	
5TH WEEK	Hazrat Umer	

APRIL

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Naat e Sharief 2. Nar Madii (Masculine & feminine) 3. Neiki	0	5
1ST WEEK	Naat e Sharief	
2ND WEEK	Nar Madii (Masculine & feminine)	
3RD WEEK	Examination	
4TH WEEK	Neiki	
5TH WEEK	Neiki	

MAY

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Rail 2. Kadlan Hind Naav 3. Mahavrii 4. Mazmoon (Miyon Toth woustaad)	0	4
1ST WEEK	Rail	
2ND WEEK	Kadlan hind Naav	
3RD WEEK	Mahavrii	
4TH WEEK	Examination	
5TH WEEK	Mazmoon (Miyon Toth Woustaad)	

JUNE

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Mazmoon (Miyan Mouj) 2. Verinaag		0	5
1ST WEEK	Mazmoon (Miyan Mouj)		
2ND WEEK	Verinaag		
3RD WEEK	Verinaag		
4TH WEEK	Revision Examination		
5TH WEEK	Examination		

JULY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Mutzaad		0	1
1ST WEEK	Examination		
2ND WEEK	Result Making		
3RD WEEK	Summer Break		
4TH WEEK	Cross Checking		
5TH WEEK	Mutzaad		

AUGUST

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Kulyan Hind Faidii 2. Milcharuk Sabakh 3. Ziartan Hind Naav		0	5
1ST WEEK	Kulyan Hind Naav		
2ND WEEK	Kulyan Hind Naav		
3RD WEEK	Milcharuk Sabakh		
4TH WEEK	Milcharuk Sabakh		
5TH WEEK	Ziartan Hind Naav		

SEPTEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Bawut Ti Bawtik Kisim (Adjective and Kinds of Adjective) 2. Watnuk Tarani		Zero	4
1ST WEEK	Bawut Tii Bawtik kisim (Adjective and Kinds of Adjective)		
2ND WEEK	Bawut Tii Bawtik kisim (Adjective and Kinds of Adjective)		
3RD WEEK	Watnuk Tarani		
4TH WEEK	Examination		
5TH WEEK	Watnuk Tarani		

OCTOBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Laltadutt 2. Chaat		Zero	5
1ST WEEK	Laltadutt		
2ND WEEK	Laltadutt		
3RD WEEK	Examination		
4TH WEEK	Chaat		
5TH WEEK	Chaat		

NOVEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Darkhast (Application) (aki doh bapath chutii) 2. chith (Letter) (Vesii kariv paas neirnas peth Mubarakbaidi)		Zero	4
1ST WEEK	Darkhast (Application) (aki doh bapath chutii)		
2ND WEEK	Chitt (Letter) Vesii Kariv paas neirnas peth mubarakbaidi)		
3RD WEEK	Revision		
4TH WEEK	Revision		
5TH WEEK	Examination		

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Nil		Zero	Zero
1 ST WEEK	Examination		
2 ND WEEK	Examination		
3 RD WEEK	Examination		
4 TH WEEK	Examination		
5 TH WEEK	Examination		

8th

Urdu

MARCH

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Ma ka Khawab 2. Aik mazedaar kahani 3. Na Hui Qaroli 4. Grammer	20	22
2ND WEEK	Ma ka Khawab (5marks)	
3RD WEEK	Aik mazedaar kahani (4 marks)	
4TH WEEK	Na Hui Qaroli (4 marks)	
5TH WEEK	Grammer (7 marks)	

APRIL

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. lo phir basant ayei 2. Haki aur Haki ka jadugar 3. Gul e Abbas 4. Grammer	20	24
1ST WEEK	lo phir basant ayei (5 marks)	
2ND WEEK	Haki aur Haki ka jadugar (4 marks)	
3RD WEEK	Gul e Abbas (4 marks)	
4TH WEEK	Grammer (7 marks)	
5TH WEEK	Revision	

MAY

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Diwali ke deep jale 2. ChaCha Kababi Dili wale 3. Kunden Lal Sehgal 4. Grammer	20	24
1ST WEEK	Diwali ke deep jale (5 marks)	
2ND WEEK	ChaCha Kababi Dili wale (4 marks)	
3RD WEEK	Kunden Lal Sehgal (4 mark)	
4TH WEEK	Grammer (7 marks)	
5TH WEEK	Revision	

JUNE

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Shabnum 2. Ibn Insha Germany mai 3. Ji Aay Sahib 4. Grammer	20	24
1ST WEEK	Shabnum (2 marks)	
2ND WEEK	Ibn Insha Germany mai (2 marks)	
3RD WEEK	Ji Aaya Sahib (2 marks)	
4TH WEEK	Grammer (14 marks)	
5TH WEEK	Revision	

JULY

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
Ist term examination and Summer break	0	Ist term examination and Summer break
1ST WEEK	Ist term examination and Summer break	
2ND WEEK	Ist term examination and Summer break	
3RD WEEK	Ist term examination and Summer break	
4TH WEEK	Ist term examination and Summer break	
5TH WEEK	Ist term examination and Summer break	

AUGUST

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Khawabi Azadi 2. Hazrat Mahal 3. Watan ki Taraf wapsi 4. Grammer	24	24
1ST WEEK	Khawabi Azadi (6 marks)	
2ND WEEK	Hazrat Mahal (6 marks)	
3RD WEEK	Watan ki Taraf wapsi (6 marks)	
4TH WEEK	Grammer (6 marks)	
5TH WEEK	Revision	

SEPTEMBER

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Falasteeni Bachhey ke liye lori 2. Rafi Ahmad Qidwayee 3. Qurat ul Ain Hyder 4. Grammer	24 marks	24
1ST WEEK	Falasteeni Bachhey ke liye lori (6 marks)	
2ND WEEK	Rafi Ahmad Qidwayee (6 marks)	
3RD WEEK	Qurat ul Ain Hyder (6 marks)	
4TH WEEK	Grammer (6 marks)	
5TH WEEK	Revision	

OCTOBER

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. yeh hai mera Hindustan 2. Bachhey 3. Lalich 4. Grammer	12 marks	24
1ST WEEK	yeh hai mera Hindustan (3 marks)	
2ND WEEK	Bachhey (3 marks)	
3RD WEEK	Lalich (3 marks)	
4TH WEEK	Grammer (3 marks)	
5TH WEEK	Revision	

NOVEMBER

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Mehmaan 2. Grammer	20 marks	24
1ST WEEK	Mehmaan (6 marks)	
2ND WEEK	Grammer (14 marks)	
3RD WEEK	Essay writing	
4TH WEEK	Letter writing	
5TH WEEK	Revision	

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Final term examination and winter break		Final term examination and winter break	Final term examination and winter break
1ST WEEK	Final term examination and winter break		
2ND WEEK	Final term examination and winter break		
3RD WEEK	Final term examination and winter break		
4TH WEEK	Final term examination and winter break		
5TH WEEK	Final term examination and winter break		

8th

Mathematics

MARCH

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
Rational numbers Exponents and powers	10 10	12 12
2ND WEEK	Rational numbers and its properties(Ex 1.1)	
3RD WEEK	Representation of rational numbers on the number line Finding rational numbers between two given rational numbers.(Ex 1.2)	
4TH WEEK	Exponents and laws of Exponents (Ex 12.1)	
5TH WEEK	Use of Exponents to express small numbers in standard form (Ex 12.2)	

APRIL

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
Understanding quadrilateral Direct and inverse proportion	14 06	20 12
1ST WEEK	Polygons, its types and properties (Ex 3.1) Sum of measures of the exterior angles of a polygon (Ex 3.2)	
2ND WEEK	Kinds of quadrilateral, Parallelogram and its properties (Ex 3.3)	
3RD WEEK	Some special Parallelograms (Rhombus, rectangle and square) (Ex 3.4)	
4TH WEEK	Direct proportion and its applications (Ex 13.1) Inverse proportion and its applications (Ex 13.2)	
5TH WEEK	Continue Ex 13.2	

MAY

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
Squares and square roots Cubes and cube roots	14 09	20 10
1ST WEEK	Squares and properties of squares (Ex 6.1)	
2ND WEEK	Finding the square of a number and pythagorean triplets (Ex 6.2)	
3RD WEEK	Square roots and finding the square roots by repeated subtraction prime factorisation and division method (Ex 6.3 and Ex 6.4)	
4TH WEEK	Cubes and properties of Cubes (Ex 7.1)	
5TH WEEK	Cube roots and methods of finding the cube roots (Ex 7.2)	

JUNE

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Playing with numbers		05	05
Comparing quantities		12	15
1ST WEEK	Numbers in general form and divisibility tests (Ex 16.1 and 16.2)		
2ND WEEK	Ratios and percentages(Ex 8.1) Finding increase or decrease % and discounts (Ex 8.2)		
3RD WEEK	Compound interest and its applications (Ex 8.3)		
4TH WEEK	Revision of T1		
5TH WEEK	Revision of T1		

JULY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Examination of T1		0	Examination of T1
1ST WEEK	Examination of T1		
2ND WEEK	Examination of T1		
3RD WEEK	Examination of T1		
4TH WEEK	Examination of T1		
5TH WEEK	Examination of T1		

AUGUST

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Algebraic expression and identities		12	16
Factorisation		12	14
1ST WEEK	Algebraic expression, terms, factors and coefficients Addition and subtraction of algebraic expression (Ex 9.1)		
2ND WEEK	Multiplication of algebraic expression (Ex 9.2 and 9.3)		
3RD WEEK	Multiplication of a polynomial by a polynomial(Ex 9.4) Identities and their applications (Ex 9.5)		
4TH WEEK	Factors and factorisation (Ex 14.1) Factorisation using identities (Ex 14.2)		
5TH WEEK	Division of algebraic expression (Ex 14.3 and 14.4)		

SEPTEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Introduction to graphs		10	09
Data handling		10	08
1ST WEEK	Organising data and grouping data		
2ND WEEK	Frequency distribution table (Ex 5.1)		
3RD WEEK	Circle graph or pie chart(Ex 5.2) Probability (Ex 5.3)		
4TH WEEK	Introduction of bar graph, pie graph and line graph (Ex 15.1)		
5TH WEEK	Linear graph and its applications (Ex 15.2 and 15.3)		

OCTOBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Practical geometry		12	12
Linear Equations in one variable		12	20
1ST WEEK	To construct a quadrilateral when four sides and one diagonal are given (Ex 4.1) To construct a quadrilateral when three sides and two diagonals are given(Ex 4.2)		
2ND WEEK	To construct a quadrilateral when two sides and three angles are given(Ex 4.3) To construct a quadrilateral when three sides and two included angles are given(Ex 4.4)		
3RD WEEK	To construct special quadrilateral (Ex 4.5) Introduction to linear Equations in one variable and their solutions (Ex 2.1) Applications of linear Equations (Ex 2.2, 2.3 and 2.4)		
4TH WEEK	Reducing Equations to simpler form (Ex 2.5 and 2.6)		
5TH WEEK	Continue (Ex 2.6)		

NOVEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Menstruation		12	12
1 ST WEEK	Perimeter and Area (Ex 11.1 and 11.2)		
2 ND WEEK	Surface area of cube cuboid and cylinder(Ex 11.3)		
3 RD WEEK	Volume of cube cuboid and cylinde(11.4)		
4 TH WEEK	Revision of T2		
5 TH WEEK	Revision of T2		

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Examination of T2		Examination of T2	Examination of T2
1 ST WEEK	Examination of T2		
2 ND WEEK	Examination of T2		
3 RD WEEK	Examination of T2		
4 TH WEEK	Examination of T2		
5 TH WEEK	Examination of T2		

8th

Science

MARCH

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Cell 2. Metals & Non-Metals Activity: Preparation of temporary mount of onion peel	12+10	11+11
2ND WEEK	Introduction to cell, Discovery of Cell, Microscope, Shape & size of cell, Stain & dyes. Activity: Obs. permanent slides of cells, basic structure of cells	
3RD WEEK	Structure of cell(Cont.), Typical plant and animal cell, Tissues Activity: Making temporary mount of onion peel	
4TH WEEK	Introduction of matter, element, compound, symbols, Physical properties of metals, Chemical properties of metals	
5TH WEEK	Chemical properties of metals (Cont.), Reactivity series & displacement reaction, Uses of metals, Methods to prevent corrosion, Physical properties of non-metals, Chemical properties of non-metals Activity: 1. Displacement reaction between iron and copper	

APRIL

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Metals & Non-Metals (Continues) 2. Sound 3. Reaching the age of adolescence Activity: Displacement Reaction, Chemical reaction of metals & non-metals	10+10	6 + 11 + 6
1ST WEEK	Uses of non-metals, Alloys, Properties of alloys and their uses, Revision & evaluation	
2ND WEEK	Introduction to sound, Production of sound by humans, Working of human ear, Speed of sound, Characteristic of sound	
3RD WEEK	Characteristics of sound (Continues), Propagation of sound, Echo, Musical Instruments, Noise, Revision & Evaluation	
4TH WEEK	Introduction to adolescence & puberty, Physical & emotional changes during puberty, Hormones	
5TH WEEK	Menstrual cycle	

MAY

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Age of Adolescence (Continues) 2. Force & Pressure 3. Friction	10+10	5 + 13 + 7
1ST WEEK	Sex determination, Health care during adolescence, Revision & Evaluation	
2ND WEEK	Introduction to force & its effects, Resultant force of forces, Relation between speed & force, Types of force	
3RD WEEK	Pressure, Formulas, Units, Numericals, Liquid pressure, Atmospheric pressure & its application, Blood pressure	
4TH WEEK	Revision & Evaluation (Force & Pressure), Introduction to friction, Forms of friction	
5TH WEEK	Fluid friction, Advantages & disadvantages of friction, Methods of increasing & decreasing friction	

JUNE

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
1. Combustion & Flames	8	14
1ST WEEK	Introduction to combustion, Types of combustion	
2ND WEEK	Why does combustion need oxygen?, Ignition temperature, Calorific value of various fuels, Respiration & combustion	
3RD WEEK	Characteristics of ideal fuel, How does candle burn, Zones of candle flame	
4TH WEEK	Ways of extinguishing fire, Types of fuel, Combustion & air pollution, Revision & evaluation	
5TH WEEK	Revision	

JULY

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
Term - I Examination	0	Term - I Examination
1ST WEEK	Term - I Examination	
2ND WEEK	Term - I Examination	
3RD WEEK	Term - I Examination	
4TH WEEK	Introduction to pollution & air pollution, Causes of air pollution, Effects of air pollution, Measures to prevent air pollution	
5TH WEEK	Water Pollution (Introduction)	

AUGUST

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Air Pollution 2. Micro-Organisms 3. Chemical effects of current Activity: Observation of permanent slide of micro-organisms		10+10+10	11+10+8
1 ST WEEK	Causes of water pollution, Potable water, Effects of water pollution, Purifying drinking water		
2 ND WEEK	Introduction to Micro-Organisms, Groups of micro-organisms		
3 RD WEEK	Use of micro-organisms, Harmful effects of micro-organisms, Food preservation		
4 TH WEEK	Introduction to electric current, Atom, Ionization		
5 TH WEEK	Electrolyte, Conduction of electrolyte, Chemical effects of electric current, Application of electrolysis		

SEPTEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Chemical effects of current (Continues) 2. Coal & Petroleum 3. Reproduction in animals Activity: Electro-plating		10 + 12	1+11+11
1 ST WEEK	Application of electrolysis		
2 ND WEEK	Introduction to natural resources, Fossil fuels, Coal & its formation, Types of coal, Forms of coal		
3 RD WEEK	Petroleum & its formation, Petroleum refining, Natural gas, Causes of over exploitation, Conservation, Revision & evaluation		
4 TH WEEK	Introduction to reproduction, Asexual reproduction & its types, Sexual reproduction, Types of fertilization, Life cycle of frog, Oviparous & viviparous animals, Life cycle of butterfly		
5 TH WEEK	Male reproductive system, Gametes, Female reproductive system, gamete St., Fertilization & embryo development, Menstrual Cycle, Nourishment of foetus		

OCTOBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Light 2. Synthetic fibres Activity: To verify laws of reflection, Multiple reflection		12 + 12	16+8

1ST WEEK	Introduction to reflection of light, Laws of reflection, Activity: Laws of reflection using plane mirror, Image formed by plane mirror, Regular & Irregular reflection
2ND WEEK	Multiple reflection, Dispersion of light, Human eye, Eye defects
3RD WEEK	Eye defects (Cont.), Care of eyes, Braille, Revision & evaluation
4TH WEEK	Introduction to fibres, What are fibres made of?, Synthetic fibres & properties, Use of different synthetic fibres, Plastics
5TH WEEK	Plastics (Continues), Plastics & environment

NOVEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
1. Conservation of plants & animals		12	13
1ST WEEK	Introduction to biodiversity, Forests & their uses, Consequences of deforestation		
2ND WEEK	Endangered species, Extinction, Protection, Conservation of plants & animals		
3RD WEEK	Protected sites, Conservation programmes, Role of govt., Case study		
4TH WEEK	Revision		
5TH WEEK	Revision		

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Term - II Examination		Term - II Examination	Term - II Examination
1ST WEEK	Term - II Examination		
2ND WEEK	Term - II Examination		
3RD WEEK	Term - II Examination		
4TH WEEK	Term - II Examination		
5TH WEEK	Term - II Examination		

8th**Information****Technology****MARCH**

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Introduction to RDBMS Introduction to MYSQL		25	6
2ND WEEK	What is DBMS? RDBMS Terminology		
3RD WEEK	What is MySQL? Advantages and Disadvantages of MySQL		
4TH WEEK	Keys and Data Types used in MySQL		
5TH WEEK	Create Database Create Table		

APRIL

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
MySQL		25	7
1ST WEEK	Describing Table Structure MySQL- INSERT INTO Statement		
2ND WEEK	MySQL- SELECT STATEMENT MySQL- DISTINCT		
3RD WEEK	Periodic 1 Practical Exam MySQL- WHERE Clause		
4TH WEEK	MySQL- Operators (AND, OR, NOT) used with WHERE Clause		
5TH WEEK	MySQL- Operators (AND, OR, NOT)		

MAY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
MySQL		37.5	8
1ST WEEK	MySQL- ORDER BY Keyword Exercise on ORDER BY Keyword		
2ND WEEK	MySQL- UPDATE Query Syntax using WHERE Clause		
3RD WEEK	MySQL- ALTER Table Statement Exercise on ALTER Table Statement		
4TH WEEK	Periodic 2 Practical Exam		

5TH WEEK	MySQL- DELETE Statement
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JUNE

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
MySQL SQL Injection , Ransomware		12.5	4
1ST WEEK	MySQL- LIKE Operator		
2ND WEEK	MySQL- WildCards		
3RD WEEK	What is MySQL Injection? What is Ransomware Attack?		
4TH WEEK	Revision for TERM 1 Exam		
5TH WEEK	TERM 1 Practical Exam		

JULY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
March to june		00	00
1STWEEK	Exam		
2ND WEEK	Exam		
3RD WEEK	Exam		
4TH WEEK	Exam		
5TH WEEK	Exam		

AUGUST

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Introduction to Client-Server Introduction to PHP		25	8
1st WEEK	Introduction to Client side and Server side Languages What is PHP		
2ND WEEK	PHP Syntax PHP Variables		
3RD WEEK	PHP Echo/Print PHP Data Types		
4TH WEEK	PHP Strings		
5TH WEEK	PHP Arithmetic Operators PHP Comparison Operators		

SEPTEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
PHP		25	6
1 ST WEEK	IF- ELSE Statement		
2 ND WEEK	IF- ELSE Statement Exercise on IF- ELSE Statement		
3 RD WEEK	WHILE Loop Exercise on WHILE Loop		
4 TH WEEK	Periodic 3 Practical Exam		
5 TH WEEK	FOR Loop Exercise on FOR Loop		

OCTOBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
PHP FORM Handling		31.25	8
1 ST WEEK	PHP- GET Method		
2 ND WEEK	PHP- POST Method GET Vs POST Method		
3 RD WEEK	Periodic 4 Practical Exam What is CSRF Attack?		
4 TH WEEK	What is CSRF Attack? What is XSS Attack?		
5 TH WEEK	Introduction to ROBOTICS		

NOVEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
ROBOTICS		18.75	4
1 ST WEEK	MICRO Controllers		
2 ND WEEK	Sensors		
3 RD WEEK	Examples of well known Robots like Sophia and Mitra		
4 TH WEEK	Revision for TERM 2		
5 TH WEEK	TERM 2 Practical Exam		

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Aug to November		00	00
1 ST WEEK	EXAM		
2 ND WEEK	EXAM		
3 RD WEEK	EXAM		
4 TH WEEK	EXAM		
5 TH WEEK	EXAM		

8th

Social Science

MARCH

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
MODERN PERIOD IN INDIAN HISTORY, COLONIAL RULE IN INDIA, OUR RESOURCES AND INDIAN CONSTITUTION AND VISION OF INDIAN CONSTITUTION	20	22
2ND WEEK	MODERN PERIOD IN INDIAN HISTORY AND OUR RESOURCES	
3RD WEEK	COLONIAL RULE IN INDIA	
4TH WEEK	COLONIAL RULE IN INDIA (CONT.)	
5TH WEEK	INDIAN CONSTITUTION AND VISION OF INDIAN CONSTITUTION	

APRIL

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
COLONIAL ADMINISTRATION IN INDIA, FUNDAMENTAL RIGHTS & DUTIES, LAND AND SOIL RESOURCES	20	23
1ST WEEK	COLONIAL ADMINISTRATION IN INDIA	
2ND WEEK	COLONIAL ADM. IN INDIA (CONT.)	
3RD WEEK	FUNDAMENTAL RIGHTS & DUTIES	
4TH WEEK	LAND & SOIL RESOURCES	
5TH WEEK	LAND & SOIL RESOURCES (CONT.)	

MAY

TOPICS / CHAPTERS	WEIGHT-AGE	TEACHING PERIODS
REVOLT OF 1857, PARLIAMENTARY FORM OF GOVERNMENT, RURAL LIFE & SOCIETY	20	25
1ST WEEK	RURAL LIFE & SOCIETY	
2ND WEEK	REVOLT OF 1857	
3RD WEEK	REVOLT OF 1857 (CONT.)	
4TH WEEK	PARLIAMENTARY FORM OF GOVERNMENT	
5TH WEEK	MAP WORK	

JUNE

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
EDUCATION & BRITISH RULE, WATER RESOURCES		20	20
1 ST WEEK	EDUCATION & BRITISH RULE		
2 ND WEEK	EDUCATION & BRITISH RULE(CONT.)		
3 RD WEEK	WATER RESOURCES		
4 TH WEEK	REVISION FOR TERM-1 EXAM		
5 TH WEEK	REVISION FOR TERM EXAM		

JULY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
TERM-1EXAM AND SUMMER BREAK		0	TERM-1EXAM AND SUMMER BREAK
1 ST WEEK	TERM-1EXAM		
2 ND WEEK	TERM-1EXAM AND		
3 RD WEEK	SUMMER BREAK		
4 TH WEEK	SUMMER BREAK		
5 TH WEEK	CROSS-CHECKING AND RESULT DECLARATION		

AUGUST

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
SOCIO-RELIGIOUS REFORMS, TYPES OF AGRICULTURE & ITS COMPARISON WITH USA, INDIAN NATIONAL MOVEMENT		25	22
1 st WEEK	SOCIO-RELIGIOUS REFORMS		
2 ND WEEK	INDIAN NATIONAL MOVEMENT		
3 RD WEEK	INDIAN NATIONAL MOVEMENT CONTINUED		
4 TH WEEK	TYPES OF AGRICULTURE & COMPARISON WITH USA		
5 TH WEEK	TYPES OF AGRICULTURE & COMPARISON WITH USA(CONT.)		

SEPTEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
INDIAN NATIONAL MOVEMENT(GANDHIAN ERA), UNION EXECUTIVE, MINERAL & POWER RESOURCES		25	23
1 ST WEEK	INDIAN NATIONAL MOVEMENT(GANDHIAN ERA)		
2 ND WEEK	INDIAN NATIONAL MOVEMENT(GANDHIAN ERA)		
3 RD WEEK	UNION EXECUTIVE		
4 TH WEEK	MINERAL & POWER RESOURCES		
5 TH WEEK	MINERAL & POWER RESOURCES(CONT.)		

OCTOBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
INDIA AFTER INDEPENDENCE, JUDICIARY & ROLE OF POLICE, MANUFACTURING INDUSTRIES		20	22
1 ST WEEK	INDIA AFTER INDEPENDENCE		
2 ND WEEK	JUDICIARY & ROLE OF POLICE		
3 RD WEEK	JUDICIARY & ROLE OF POLICE(CONT.)		
4 TH WEEK	MANUFACTURING INDUSTRIES		
5 TH WEEK	MANUFACTURING INDUSTRIES CONTINUED		

NOVEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
HUMAN RESOURCES		10	21
1 ST WEEK	HUMAN RESOURCES		
2 ND WEEK	HUMAN RESOURCES(CONT.)		
3 RD WEEK	REVISION		
4 TH WEEK	REVISION FOR TERM-2 EXAM		
5 TH WEEK	REVISION FOR TERM EXAM		

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
TERM-2 EXAM		TERM-2 EXAM	TERM-2 EXAM
1 ST WEEK	TERM-2 EXAM		
2 ND WEEK	TERM-2 EXAM		
3 RD WEEK	PAPER CHECKING		
4 TH WEEK	PAPER CHECKING AND RESULT DECLARATION		
5 TH WEEK	WINTER VaCATION		

8th

Sports

MARCH

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Badminton , table tennis		10	0
2 ND WEEK	Basic Skills (Grip,Stance,Footwork)		
3 RD WEEK	SERVICES		
4 TH WEEK	STROKES		
5 TH WEEK	TACTICS .MATCHS		

APRIL

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Martial ART ,Basketball		10	FOR BASICS (TWO MONTHS)
1 ST WEEK	KICKS (BASIC), PASSING SKILLS		
2 ND WEEK	KICKS(STANCE) ,DRIBBLING SKILLS		
3 RD WEEK	KICKS WITH FOOT WORK, PIVOTING		
4 TH WEEK	BOXING (STANCE), SHOOTING SKILL		
5 TH WEEK	BOXING (FOOT WORK),DEFENCE SKILLS		

MAY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
MARTIAL ART AND BASKETBALL		10	MONTH
1 ST WEEK	BOXING(OFFENCE SKILL), DODGE SKILL		
2 ND WEEK	BOXING(DEFENCE) ,FREE THROW		
3 RD WEEK	KICKING PRACTICE, STRATEGY		
4 TH WEEK	BOXING PRACTICE, ATTACK SKILL		
5 TH WEEK	THROWING SKILLS		

JUNE

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
VOLLEYBALL,		5	ONE MONTH
1 ST WEEK	BASICS		
2 ND WEEK	SERVICE		
3 RD WEEK	PASSING		
4 TH WEEK	ATTACK OR SMASHING		
5 TH WEEK	BLOCKING,MATCHS		

JULY

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
Exam		5	1
1 ST WEEK	exam		
2 ND WEEK	exam		
3 RD WEEK	exam		
4 TH WEEK	exam		
5 TH WEEK	exam		

AUGUST

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
kho kho, CRICKET		5	0
1 st WEEK	BASICS		
2 ND WEEK	CHASING SKILLS, BATTING SKILLS		
3 RD WEEK	CHASING SKILLS, BOWLING SKILLS		
4 TH WEEK	RUNNING SKILLS, FIELDING SKILLS		
5 TH WEEK	RUNNING SKILLS, WICKET KEEPING,MATCH		

SEPTEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
FOOTBALL, KABADDI		5	0
1 st WEEK	BASICS		
2 ND WEEK	KICKING,RAID SKILL		
3 RD WEEK	BALL CONTROL,DRIBBLING, FORMATION		

4TH WEEK	PASSING,HOLDING SKILL
5TH WEEK	TRAPPING,MOVEMENT OF HAND,FEET

OCTOBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
SPORTS DAY PRACTICE		5	0
1ST WEEK	YOGA LAZIUM		
2ND WEEK	MASS DRILL,DUMBELL		
3RD WEEK	MARTIAL ART DEMONSTRATION		
4TH WEEK	PRACTICE		
5TH WEEK	DEMONSTRATION PRACTICE		

NOVEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
THROWBALL		5	MONTH
1ST WEEK	BASICS		
2ND WEEK	SERVICE SKILL		
3RD WEEK	PASSING SKILLS		
4TH WEEK	MATCHS		
5TH WEEK	EXAM		

DECEMBER

TOPICS / CHAPTERS		WEIGHT-AGE	TEACHING PERIODS
EXAM		5	MONTH
1ST WEEK	EXAM		
2ND WEEK	EXAM		
3RD WEEK	RESULT		
4TH WEEK	HOLIDAYS		
5TH WEEK	HOLIDAYS		



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